



## **BECKENHAM OPEN LEVEL1 2010**

Edmonton Phoenix swimmers had an excellent weekend when a number of swimmers made their way down to Crystal Palace National Sports Arena long course pool to take part in the Level 1 Beckenham Open on the 8<sup>th</sup> and 9<sup>th</sup> of May 2010. This is an excellent meet in preparation for the forthcoming London Region and National Age Group meets.

The star of the show was Charlotte Newman (13) who had four 1<sup>st</sup> place finishes in the 50 Free (29.35s), 50 Back (33.97s), 100 Back (1.10.29s) and 200 IM (2.34.34s); one 2<sup>nd</sup> place finish in the 200 Back (2.33.63s) and two 3<sup>rd</sup> place finishes in the 100 Breast (1.22.92s) and 50 Fly (33.20s), this impressive set of results won her the Girls **Junior Swimmer of the Meet**. Charlotte Payne (23) also had a strong set of swims finishing 1<sup>st</sup> in the 50 Fly (30.39s) getting frustratingly close to her NQT, she also had a 2<sup>nd</sup> place in the 200 Back (2.29.76), 3<sup>rd</sup> place in the 50 Back (32.92s) and a 4<sup>th</sup> place in the 100 Back (1.09.21s). Mia Hawkes (11) won the 50 Free (31.81s) was 3<sup>rd</sup> in the 100 Back (1.20.02s) and 200 Back (2.53.93s) and 4<sup>th</sup> in the 200 Free (2.31.66s).

Harry Jenner and Ryan McCarthy also had some very good swims, Harry (14) came 1<sup>st</sup> in the 50 Fly (28.56s), 3<sup>rd</sup> in the 50 Back (32.03s) and also swam the 50 Free (27.41s) and 100 Fly (DQ). The 100 Fly was his best swim where he clocked 1.03.77s just 0.52s off his NQT, a small twitch on the blocks stopping it from being legal. It was an awesome swim as he left the rest of his heat trailing behind. Ryan (14) also had some really fast times coming 3<sup>rd</sup> in the 200 Back (2.24.06s) and 4<sup>th</sup> in the 200 Free (2.07.65s) and also swam in the 100 Back (1.09.89s) and the 50 Free (28.27s). With a little more experience at long course events both of these swimmers should soon be achieving NQT swims. Nina McGarvey (15) was 3<sup>rd</sup> in the 400 Free (5.03.06s) and also swam the 200 IM (2.47.20s) and the 100 Free (1.07.45s). Hannah Thomas (13) swam the 50 Free (30.16s), 100 Free (1.08.53s), 50 Fly (36.24s), 50 Back (38.20s) and the 400 Free (5.02.68s). Bethan Holder (12) swam the 200 Free (2.38.26s). Tom Newman (11) swam the 100 Free (1.14.51s) and the 200 Breast (2.29.28s).

GO PHOENIX!