

Hillingdon Winter Meet 18/19th December 2010



Fortunately this pool was not the pool used for the Hillingdon Winter Meet, but this was the scene that greeted swimmers on arrival at Hillingdon! This was the first major competition held at the new 50m pool completed earlier this year and a chance for swimmers to gain long course times.

The first Phoenix swimmer in the water on the Saturday was Jen Budden who came away with a bronze in the 400m IM.

Ryan McCarthy was on great form taking silver in the 14yrs 100m FS setting a long course PB of 58.22 and new age group record. He took gold in the 200m back setting a long course PB of 2.18.28, missing his NQT by just 1.9 seconds. He also won gold in the 200m FS and silver in the 100m back.

Harry Jenner was also on fine form taking gold in the 50m fly, 2 seconds ahead of his nearest rival in a time of 27.12, setting a long course PB and open club record. In the 100m fly he also narrowly missed out on his NQT posting a time of 1.01.90 and finishing in 4th place in a strong field of 15 year olds. In the 100m FS Harry set another age group record and long course PB of 57.83 finishing in 6th place and in the 50m FS he set a long course PB of 26.40 gaining a Zonal time.

Meghan Byrne, taking part in her first level 1 meet, gained medals in six out of nine of her events - 1 Gold, 4 Silver, 1 Bronze. Gold in 200 free with a long course (LC) time of 2.38.61, Silver in 50 free (32.21) setting a new age group club record, 200 IM (3.02.62) 400 free (5.43.70) 50 back (40.10) and bronze in 50 fly (36.72) also setting a new age group club record.

Sarah Khadraoui had a great swim in the 200m breaststroke setting a long course PB of 3.01.04, finishing in 4th place and achieving a Zonal time. Hannah Thomas set a long course PB of 29.20 in the 50m freestyle, also setting an age group record.

Mia Hawkes had a steady meet matching her long course PB OF 1.06.53 to come 2nd in the 100m freestyle and 1.16.54 to come 1st in the 100m backstroke.

Charlotte Payne took a bronze medal in the Open 50m fly in a time of 30.13.

Toby Pasmore had an excellent PB of 2.47.54 in the 200m breast to come 3rd and also came 5th in 50m freestyle (29.13)

Tom Newman came 4th in the 50m breaststroke with a time of 38.64.

Nine year old Lily Tiernan competing in her first level 1 meet setting a long course PB for the 50m fly of 47.94

Fiona Westcough set a long course PB in the 100m backstroke with a time of 1.17.70.

GO PHOENIX!