



The Mayor's Fun Sunday 19th September 2010

On Sunday 19th September 2010 a number of Edmonton Phoenix swimmers and their parents entered the annual Mayor's fun run which is held at Forty Hall. There were two runs in which to enter. The first was a 3 kilometre run . The second is for both male and females aged 16 plus. The 3 K one is run first.

Both runs take place on undulating, surging mixed terrain through fields, woods, past lakes and along footpaths which are often wet, muddy and slippery underfoot.

Excellent placing and times were achieved by **all** who entered from the Club which just goes to show just how fit you guys really are ! It was great to see such a 'team spirit' at the event with all cheering for each other with the highlight being members of both Junior squad and Senior squad deciding to help Junior Coach Rob Howe morally along by running the last half a K with him! Good to see!

Further congratulations must also go to two of our swimmers -

Reece Ballett(Senior Squad) who was first in his age group (16 years) and the second runner overall in the 3 K race with a time of just over 10 .04 minutes.

Meghan Byrne (Junior Squad) who was first her age group (8/9 Years) with a time of 13.09 minutes.

Both Reece and Meghan were presented to the Mayor (see photos) for further congratulations.

Runners (swimmers and Parents of swimmers)

Reece Ballett, Ben Howe, Tom Newman, Meghan Byrne , Chloe Howe , Callum Dodds and Daniel Gallo

Rob Howe (Junior Coach), Leighton Ballett, Nick Newman, Agnes McGarvey (2nd Lady overall), James Wallace's Dad as Superman



At the end of the 10 K run a further presentation, by the Mayor, took place for our successful swimmers and their Coach (Rob Howe) for the London Youth Games win which took place in July 2010. They were officially presented with their Team trophy and individual medals . Rob Howe was presented with one too ! (See photos)

Swimmers

Ben Howe, Tom Newman, Josh Kirlew, Mia Hawkes, Meghan Byrne and Lena Soulas.

GO PHOENIX !!!!!!