MCASA SPRING DEVELOPMENT MEET 2010

TIME STANDARDS

The "A" standard times are the Upper Times for the "A" Meet Awards and the "B" standard times are the Upper Times for "B" Meet Awards

Competitors should not have swum faster than the "A" standard time

BOYS

Event	9A	9B	10A	10B	11A	11B	12A	12B	13A	13B	14A	14B	15A	15B	16A	16B	17+A	17+B
50m free	44.0	57.5	39.9	50.0	36.9	44.2	34.0	39.0	31.8	35.4	30.3	33.1	29.1	31.6	28.6	31.0	28.4	30.8
100m free							1.13.5	1.24.5	1.08.5	1.16.4	1.05.0	1.11.3	1.03.1	1.08.4	1.02.2	1.07.1	1.01.3	1.06.5
200m free	3.35.4	4.43.3	3.11.4	3.59.4	2.54.3	3.29.2	2.39.0	3.04.0	2.28.9	2.46.5	2.21.4	2.35.6	2.17.3	2.28.5	2.15.9	2.26.7	2.13.2	2.25.3
400m free			6.40.6	8.23.8	6.02.9	7.17.9	5.34.8	6.26.9	5.12.7	5.50.8	4.58.5	5.29.1	4.52.6	5.15.1	4.46.8	5.09.7	4.42.1	5.06.8
800m free						-	12.10.0	-	11.25.0	-	10.50.0	-	10.27.0	-	10.15.0	-	10.15.0	-
1500m free							22.13.0	-	20.39.7	-	19.39.0	-	19.01.0	-	18.52.7	-	18.36.4	-
50m Breast	57.0	1.14.0	51.3	1.04.3	47.5	56.5	43.7	49.7	40.3	44.6	38.2	41.7	36.8	39.7	36.0	39.1	35.4	38.5
100m Breast							1.33.5	1.47.2	1.26.3	1.36.3	1.21.7	1.29.8	1.19.1	1.25.6	1.17.7	1.24.1	1.16.4	1.23.3
200m Breast	4.30.5	5.54.0	4.01.4	5.05.0	3.41.4	4.25.5	3.21.3	3.52.4	3.06.6	3.29.1	2.56.7	3.13.9	2.51.5	3.05.9	2.48.5	3.03.2	2.45.5	3.00.7
50m Fly	49.7	1.04.5	44.5	55.3	41.1	49.0	38.1	43.2	35.2	39.0	33.3	36.2	31.7	34.3	31.1	33.7	30.6	33.2
100m Fly							1.23.0	1.34.8	1.16.2	1.24.9	1.12.0	1.18.9	1.09.3	1.14.8	1.08.0	1.14.1	1.06.6	1.12.7
200m Fly	4.23.7	5.48.0	3.43.6	4.40.4	3.20.0	3.59.5	3.01.4	3.29.0	2.47.8	3.08.8	2.38.0	2.54.3	2.32.2	2.45.3	2.29.9	2.43.2	2.26.4	2.40.1
50m Back	50.8	1.05.5	45.7	57.0	42.1	50.4	39.0	44.5	36.4	40.3	34.6	37.7	33.1	35.6	32.4	35.0	31.7	34.7
100mBack							1.22.7	1.34.6	1.17.0	1.25.6	1.12.5	1.19.5	1.10.2	1.15.7	1.08.5	1.14.4	1.07.5	1.13.7
200m Back	4.01.2	5.10.9	3.33.2	4.26.8	3.12.9	3.51.3	2.54.1	3.23.4	2.45.0	3.04.3	2.35.6	2.51.9	2.31.4	2.43.2	2.28.1	2.41.1	2.26.6	2.39.6
100m Ind Med	1.52.7	2.26.4	1.41.2	2.06.8	1.33.6	1.52.0	1.26.2	1.39.2	1.19.8	1.29.3	1.15.5	1.22.5	1.12.6	1.18.9	1.11.2	1.17.1	1.09.9	1.16.6
200m Ind Med	4.02.6	5.17.5	3.37.0	4.31.4	3.17.0	3.56.6	3.01.1	3.28.7	2.48.7	3.08.8	2.40.3	2.56.0	2.35.3	2.47.6	2.32.3	2.45.1	2.29.7	2.43.5
400m Ind Med			7.35.6	8.40.0	6.57.3	7.40.0	6.23.7	7.22.1	5.57.9	6.40.3	5.39.2	6.13.1	5.27.5	5.54.9	5.23.7	5.49.7	5.16.2	5.46.6

MCASA SPRING DEVELOPMENT MEET 2009

TIME STANDARDS

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GIRLS

Event	9A	9B	10A	10B	11A	11B	12A	12B	13A	13B	14A	14B	15A	15B	16A	16B	17+A	17+B
50m free	44.4	53.9	39.7	46.1	36.4	41.4	34.4	38.1	33.0	36.0	32.3	35.0	31.8	34.5	31.5	34.2	31.6	34.1
100m free					1.18.4	1.29.4	1.13.8	1.21.8	1.10.8	1.17.1	1.09.5	1.15.1	1.08.4	1.14.2	1.07.7	1.13.7	1.07.8	1.13.3
200m free	3.34.0	4.21.8	3.05.1	3.37.0	2.50.6	3.14.0	2.39.5	2.57.3	2.31.7	2.45.7	2.30.0	2.41.8	2.27.3	2.39.7	2.25.8	2.38.4	2.25.5	2.37.0
400m free			6.31.6	7.37.0	5.53.8	6.45.1	5.30.9	6.09.8	5.15.1	5.46.6	5.10.6	5.37.0	5.06.3	5.33.2	5.05.1	5.31.7	5.03.4	5.29.2
800m free					12.16.6	-	11.24.4	-	10.49.7	-	10.34.4	-	10.29.6	-	10.25.6	-	10.23.3	-
1500m free					24.15.5		23.47.0	-	22.00.0	-	21.25.0	-	21.20.0	-	21.15.0	-	21.00.0	-
50m Breast	57.7	1.09.9	51.2	59.1	46.8	53.0	43.6	48.3	41.5	45.3	40.3	43.8	39.5	43.2	39.3	42.9	39.6	42.9
100m Breast					1.39.9	1.53.6	1.33.4	1.43.6	1.28.7	1.36.7	1.25.6	1.33.3	1.24.8	1.32.4	1.24.6	1.32.1	1.24.0	1.31.6
200m Breast	4.34.2	5.34.1	3.55.0	4.34.7	3.35.7	4.04.6	3.21.2	3.42.5	3.10.0	3.27.8	3.03.7	3.20.8	3.02.5	3.19.4	3.01.3	3.17.9	3.00.2	3.17.6
50m Fly	49.7	59.9	43.8	50.2	40.2	45.4	37.7	41.6	36.0	39.1	34.9	37.8	34.4	37.3	34.2	37.1	33.9	36.8
100m Fly					1.28.0	1.39.9	1.22.1	1.31.2	1.18.2	1.25.1	1.16.0	1.22.6	1.15.5	1.21.8	1.14.8	1.21.4	1.14.2	1.20.4
200m Fly	4.27.1	5.26.2	3.39.9	4.13.5	3.14.9	3.42.2	3.01.1	3.20.8	2.51.7	3.06.7	2.46.1	3.00.1	2.44.2	2.57.8	2.41.9	2.57.8	2.40.3	2.55.1
50m Back	51.0	1.01.8	45.2	52.3	41.4	47.0	39.0	43.2	37.4	40.7	36.5	39.5	35.9	39.0	35.5	38.6	35.4	38.3
100mBack					1.28.1	1.40.3	1.22.0	1.31.2	1.18.5	1.25.9	1.16.8	1.23.3	1.15.2	1.22.0	1.15.3	1.21.5	1.15.0	1.20.8
200m Back	4.01.3	4.51.9	3.29.1	3.59.9	3.06.3	3.34.7	2.55.1	3.16.1	2.47.2	3.04.0	2.43.8	2.57.9	2.40.8	2.56.0	2.39.9	2.53.8	2.39.6	2.53.0
100m Ind Med	1.53.0	2.17.6	1.40.6	1.56.0	1.32.1	1.44.0	1.26.0	1.35.3	1.22.4	1.29.4	1.20.4	1.26.8	1.17.5	1.25.8	1.17.0	1.24.8	1.16.8	1.24.3
200m Ind Med	4.02.8	4.55.6	3.32.3	4.05.0	3.12.6	3.38.6	3.00.4	3.20.5	2.52.5	3.07.9	2.47.3	3.02.4	2.46.4	3.00.3	2.44.7	2.59.5	2.44.2	2.58.1
400m Ind Med			7.35.3	8.15.0	6.57.3	7.35.5	6.21.1	7.02.2	6.01.7	6.35.9	5.52.3	6.22.6	5.46.8	6.18.7	5.45.0	6.16.9	5.44.1	6.12.6