



Middlesex Short Course Championships

5/6th December 2009

A team of 18 Phoenix swimmers took part in the two day event at Southbury Road. By the end of the first day's events, it was clear that it was going to be a great weekend for the squad with personal best times and medals stacking up!

By the end of the weekend, Louis Kirlew had won gold in the open 50m backstroke and Charlotte Payne took the open 50m, 100m and 200m backstroke titles winning trophies for all three events. She also won silver in the 50m fly and bronze in the 50m FS. Charlotte Newman won gold in both the junior (16 & U) and 14 & U categories for the 100 and 200m backstroke, silver in the 14 & U 100m FS, gold in the 14 & U 50m Fs, silver in the 50m breaststroke(14/U and 16/U), gold, silver and bronze in the 3 age group categories for the 200m IM. This result gave her qualification into an exciting medley skins event where she only just missed out on another title finishing in 2nd place overall!

Ryan McCarthy won gold in the 14 & U 200m back, silver in the 14 & U 100m back and silver in the 14 & U 100m FS. Ben Zuccolini competed in an exhausting 4 finals taking silver in the 100m IM and bronze in the 50m FS. Harry Jenner won silver in the 50m fly and 50m FS.

Nina McGarvey smashed her own 1500m FS club record by 40 seconds taking silver in the 14 & U age category, silver in the junior and bronze overall.

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Emma Tunstall made finals in the 100m FS, 100m fly and 50m fly and Sarah Browne made finals in the 100m fly and 50m back.

Our teams were successful in the relay events, with the boys 14 and under team of Michael Tunstall, Harry Jenner, James Wallace and Ryan McCarthy taking silver in the 200m FS and Medley relays. The girls 14 and under team of Hannah Thomas, Nina McGarvey, Charlotte Newman and Connie Hawkes won silver in the 200m FS relay.

The girls 16 and under team of Sarah Browne, Hannah Thomas, Nina McGarvey and Charlotte Newman won silver in the 200m medley relay and bronze in the freestyle relay.

Zach Kirlew, Ryan McCarthy, Harry Jenner and Michael Tunstall took silver in the 200m medley relay and bronze in the FS relay.

Open age group club records were set by Loius Kirlew (50m back), Charlotte Payne (100m & 200m back), Charlotte Newman (200m IM), Nina McGarvey (1500m FS), Emma Tunstall (100m & 200m FS).

Age group club records were set by Ryan McCarthy (50m & 100m FS & 100m back), Harry Jenner (50m fly), Nina McGarvey (1500m FS), Charlotte Newman (50m, 100m & 200m FS, 200m IM), Emma Tunstall (100m & 200m FS and 50m fly)

The team:

Sarah Browne, Connie Hawkes, Mia Hawkes, Harry Jenner, Loius Kirlew, Zach Kirlew, Ryan McCarthy, Nina McGarvey, Charlotte Newman, Charlotte Payne, Alice Smythe, Jesse Taylor, Hannah Thomas, Emma Tunstall, Michael Tunstall, James Wallace, Ben Zuccolini **who set a total of 48 personal best times between them!!**

