



## NATIONAL ARENA SWIMMING LEAGUE 2010 ROUND 1

Edmonton Phoenix SC started their National Arena Swimming League campaign when they hosted the first round of London Division 1 at Southbury Road on Saturday 9<sup>th</sup> October 2010. Having been promoted the previous year we knew it was going to be a tough gala but we were confident we would put in a decent performance. We were competing against Epping, Greenwich Borough Mariners, Watford, Team Ipswich, Colchester, Romford and Saxon Crown.

As expected the racing was of a very high standard but our swimmers were very competitive with mid place finishes in most races. There were three 1<sup>st</sup> place finishes on the night, Josh Kirlew (11/U) in the 50 Fly with a time of 34.90s, Harry Jenner (15/U) in the 100Fly with a time of 1.02.20s and Mia Hawkes (11/U) in the 50 Free with a time of 30.69s. We also had six 2<sup>nd</sup> place finishes and seven 3<sup>rd</sup> place finishes.

There were numerous PB swims with the energy of the competitive racing pushing everyone to fast times. On the night there were 8 swimmers who set new age group club records.

Jenny Budden	Open	200 IM	2.28.11s
Meghan Byrne	9 and 10 years	50 Fly	37.98s
	9 years	50 Breast	45.35s
Josh Kirlew	11 years	50 Fly	34.90s
Tom Newman	11 years	100 Breast	1.28.46s
Ryan McCarthy	14 years	100 Back	1.04.34s
Charlotte Newman	13 years	100 Fly	1.12.54s
Elliot Bertram	12 years	100 Free	1.01.19s
Toby Pasmore	13 and 14 years	100 Breast	1.17.01s

Team Ipswich dominated the gala and were comfortable winners but we were in a real tussle with Watford, Romford to claim the places behind them. At one stage we had pushed ourselves into second place but eventually we had to settle for fourth place. It was a satisfying evening and an impressive performance from the squad, the three teams above us all made the finals gala last year. We look forward in anticipation to the draw for the next round.

Final Postions: 1.Team Ipswich 363, 2. Watford 262, 3. Romford 260, 4. **EPSC** 243, 5. Colchester 231, 6. Greenwich Borough Mariners 187, 7. Epping 147, 8. Saxon Crown 101.

### Swimmers

Mia Hawkes, Emily Whale, Meghan Byrne, Lara Eyre, James Whiting, Andrew Camilo, Josh Kirlew, Lewis Hitchings, Amy Carson, Sara Khadraoui, Fiona Westcough, Bethan Holder, Jack Ryan, Joe Glazebrook, Tom Newman, Elliot Bertram, Charlotte Newman, Megan Holder, Nina McGarvey, Hannah Thomas, Ryan McCarthy, Toby Pasmore, Harry Jenner, James Wallace, Michael Tunstall, Charlotte Payne, Jenny Budden, Emma Tunstall, Alice Smythe, David O'Toole, Louis Kirlew, Zach Kirlew, Christos Panayiotou, Alex Pasmore.

GO PHOENIX!