

Event 1 Women 25-29 200 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Effemey, Samantha	26	Camden Swiss Cottage SC	2:15.24	2:15.63	6
			31.67 1:06.06 (34.39) 1:41.18 (35.12) 2:15.63 (34.45)		
2 Seary, Coralie	29	Cally Masters Islington	2:20.00	2:18.19	5
			30.93 1:04.76 (33.83) 1:40.93 (36.17) 2:18.19 (37.26)		
3 Bacher-Fuentes, Laura	28	Otter	2:15.00	2:20.29	4
			32.43 1:07.83 (35.40) 1:43.79 (35.96) 2:20.29 (36.50)		
4 Fenton, Anna	29	Camden Swiss Cottage SC	2:20.10	2:24.67	3
			33.17 1:09.48 (36.31) 1:47.28 (37.80) 2:24.67 (37.39)		
5 Kerr, Katie	28	Otter	2:30.00	2:26.81	2
			34.27 1:12.14 (37.87) 1:50.00 (37.86) 2:26.81 (36.81)		
6 Brown, Hannah	27	Otter	2:29.00	2:28.12	1
			34.04 1:11.36 (37.32) 1:50.11 (38.75) 2:28.12 (38.01)		
7 Marshall, Grace	27	Ealing	2:32.11	2:32.52	
			34.44 1:13.26 (38.82) 1:53.36 (40.10) 2:32.52 (39.16)		
8 Rogers, Vicky	27	Barnet Copthall SC	2:35.59	2:32.63	
			35.75 1:14.61 (38.86) 1:54.11 (39.50) 2:32.63 (38.52)		
9 Jones, Anne	29	Otter	2:30.50	2:32.78	
			34.92 1:14.12 (39.20) 1:54.14 (40.02) 2:32.78 (38.64)		
10 Rodgers, Susie	28	Otter	2:43.00	2:36.39	BRITISH RECORD (S7)
			36.99 1:16.62 (39.63) 1:56.83 (40.21) 2:36.39 (39.56)		
11 Martin, Sarah	28	Teddington SC	3:00.00	2:40.09	
			36.46 1:17.12 (40.66) 1:58.57 (41.45) 2:40.09 (41.52)		

Event 1 Women 30-34 200 SC Meter Freestyle

1 Yamawaki, Sachika	30	Barnet Copthall SC	2:18.00	2:20.94	6
			32.00 1:06.80 (34.80) 1:43.19 (36.39) 2:20.94 (37.75)		
2 Prentice, Helen	31	Otter	2:23.00	2:21.53	5
			33.47 1:09.30 (35.83) 1:45.82 (36.52) 2:21.53 (35.71)		
3 Davis, Alex	30	Out to Swim	2:24.50	2:22.49	4
			33.23 1:09.37 (36.14) 1:46.63 (37.26) 2:22.49 (35.86)		
4 Lawrey, Nari	34	Camden Swiss Cottage SC	2:25.00	2:23.55	3
			33.49 1:09.03 (35.54) 1:46.24 (37.21) 2:23.55 (37.31)		
5 Mullan, Lucy	31	Camden Swiss Cottage SC	2:35.00	2:31.43	2
			34.80 1:13.30 (38.50) 1:52.56 (39.26) 2:31.43 (38.87)		
6 Hobson, Gina	34	Otter	2:40.00	2:32.34	1
			35.58 1:14.13 (38.55) 1:53.36 (39.23) 2:32.34 (38.98)		

7	Senecal, Michelle	34	Otter	2:45.00	2:43.22	
		34.34	1:14.23 (39.89)	1:58.84 (44.61)	2:43.22 (44.38)	
8	Smyth, Charlotte	34	Cally Masters Islington	2:45.00	2:45.80	
		38.04	1:20.14 (42.10)	2:03.74 (43.60)	2:45.80 (42.06)	
9	Jaeggi, Christine	30	Cally Masters Islington	2:45.12	2:45.97	
		38.25	1:20.64 (42.39)	2:03.79 (43.15)	2:45.97 (42.18)	
10	Bigman, Fran	31	Cally Masters Islington	3:35.00	3:20.32	
		44.57	1:34.27 (49.70)	2:27.98 (53.71)	3:20.32 (52.34)	
Event 1 Women 35-39 200 SC Meter Freestyle						
1	MacLean, Susan	36	Camden Swiss Cottage SC	2:30.00	2:25.85	6
		34.48	1:11.56 (37.08)	1:49.12 (37.56)	2:25.85 (36.73)	
2	Spears, Melissa	38	Barnet Copthall SC	2:45.00	3:01.36	5
		37.47	1:22.77 (45.30)	2:12.97 (50.20)	3:01.36 (48.39)	
Event 1 Women 40-44 200 SC Meter Freestyle						
1	Cordial, Lesley	44	Ruislip and Northwood Swimming	2:21.00	2:21.92	6
		32.31	1:08.16 (35.85)	1:45.43 (37.27)	2:21.92 (36.49)	
2	Nissim, Dalia	41	Barnet Copthall SC	2:31.74	2:36.36	5
		34.91	1:13.82 (38.91)	1:54.93 (41.11)	2:36.36 (41.43)	
3	Kain, Tracey	41	Ealing	2:37.00	2:41.22	4
		37.23	1:18.05 (40.82)	1:59.38 (41.33)	2:41.22 (41.84)	
4	Charman, Judith	44	Ruislip and Northwood Swimming	2:48.00	2:45.19	3
		36.88	1:17.48 (40.60)	2:01.17 (43.69)	2:45.19 (44.02)	
Event 1 Women 45-49 200 SC Meter Freestyle						
1	Green, Sue	48	Ruislip and Northwood Swimming	2:48.70	2:47.33	6
		39.98	1:22.56 (42.58)	2:05.43 (42.87)	2:47.33 (41.90)	
2	Wright, Francesca	49	Otter	3:05.00	3:01.18	5
		42.68	1:29.15 (46.47)	2:15.91 (46.76)	3:01.18 (45.27)	
3	Nelson, Jenny	49	Cally Masters Islington	2:55.00	3:03.91	4
		39.76	1:26.11 (46.35)	2:14.77 (48.66)	3:03.91 (49.14)	
Event 1 Women 50-54 200 SC Meter Freestyle						
1	Cook, Lesley	53	Otter	2:58.41	2:44.80	6
		38.62	1:20.29 (41.67)	2:03.18 (42.89)	2:44.80 (41.62)	
2	Perry, Sara	54	Cally Masters Islington	2:45.00	2:45.53	5
		37.68	1:20.40 (42.72)	2:03.86 (43.46)	2:45.53 (41.67)	
3	Jaggs, Tamsin	51	Camden Swiss Cottage SC	2:48.65	2:51.07	4
		38.66	1:21.63 (42.97)	2:06.27 (44.64)	2:51.07 (44.80)	
4	Thomas, Susan	51	Edmonton Phoenix	2:50.00	2:53.81	3
		40.06	1:23.41 (43.35)	2:08.45 (45.04)	2:53.81 (45.36)	

5	Hetreed, Olivia	50	Cally Masters Islington	3:05.00	2:58.69	2
				40.72 1:25.64 (44.92) 2:13.22 (47.58) 2:58.69 (45.47)		
6	Butterworth, Karen	53	Ruislip and Northwood Swimming	3:19.50	3:17.44	1
				46.10 1:36.31 (50.21) 2:27.37 (51.06) 3:17.44 (50.07)		
Event 1 Women 55-59 200 SC Meter Freestyle						
1	Bellas, Karen	59	Camden Swiss Cottage SC	3:05.00	2:51.84	6
				39.67 1:23.11 (43.44) 2:08.60 (45.49) 2:51.84 (43.24)		
2	Procter, Sue	55	Barnet Copthall SC	3:10.31	3:02.47	5
				41.66 1:29.36 (47.70) 2:17.39 (48.03) 3:02.47 (45.08)		
3	Green, Susan	55	Camden Swiss Cottage SC	3:24.10	3:33.35	4
				49.48 1:43.28 (53.80) 2:38.57 (55.29) 3:33.35 (54.78)		
Event 1 Women 65-69 200 SC Meter Freestyle						
1	Blower, Elaine	66	Barnet Copthall SC	3:01.82	3:01.92	6
				42.18 1:29.39 (47.21) 2:16.83 (47.44) 3:01.92 (45.09)		
2	Hamilton, Georgie	68	Barnet Copthall SC	3:30.00	3:31.13	5
				48.07 1:40.64 (52.57) 2:35.99 (55.35) 3:31.13 (55.14)		
Event 1 Women 75-79 200 SC Meter Freestyle						
1	Braimbridge, Elizabeth	78	Camden Swiss Cottage SC	5:30.12	4:52.10	6
Event 1 Women 80-84 200 SC Meter Freestyle						
1	Halter, Susan	84	Camden Swiss Cottage SC	5:30.00	5:36.64	6
Event 1 Men 18-24 200 SC Meter Freestyle						
1	Northover, Joe	21	Haringey Borough	2:03.38	2:07.22	6
				29.92 1:02.93 (33.01) 1:36.34 (33.41) 2:07.22 (30.88)		
2	Holden, Matthew	22	Edmonton Phoenix	3:00.00	2:47.85	5
				35.54 1:16.90 (41.36) 2:02.43 (45.53) 2:47.85 (45.42)		
3	Marin, Igor	22	Otter	2:41.53	3:07.21	4
				36.14 1:20.64 (44.50) 2:12.24 (51.60) 3:07.21 (54.97)		
Event 1 Men 25-29 200 SC Meter Freestyle						
1	Caldwell, Oliver	29	Otter	2:08.00	2:05.73	6
				29.01 1:00.96 (31.95) 1:33.39 (32.43) 2:05.73 (32.34)		
2	Taylor, Neal	26	Camden Swiss Cottage SC	2:06.00	2:06.27	5
				28.39 1:00.09 (31.70) 1:32.88 (32.79) 2:06.27 (33.39)		
3	Talbott, John	29	Otter	2:08.00	2:08.83	4
				29.96 1:02.27 (32.31) 1:35.35 (33.08) 2:08.83 (33.48)		
4	Thomas, Ben	29	Otter	2:10.00	2:10.74	3
				30.42 1:03.07 (32.65) 1:36.53 (33.46) 2:10.74 (34.21)		
5	Chopra, Mark	28	Otter	2:09.11	2:13.98	2
				30.40 1:04.26 (33.86) 1:39.73 (35.47) 2:13.98 (34.25)		

MCASA Masters 2011

05 June 2011

Results

6	Tufarelli, Tommaso	27	Otter	2:10.00	2:15.01	1
				30.39 1:04.28 (33.89) 1:39.49 (35.21) 2:15.01 (35.52)		
7	Prinsloo, Hendrick	29	Otter	2:30.00	2:17.29	
				31.37 1:05.90 (34.53) 1:42.15 (36.25) 2:17.29 (35.14)		
8	Moulson, Daniel	27	Otter	3:30.00	2:53.22	
				36.02 1:17.30 (41.28) 2:04.34 (47.04) 2:53.22 (48.88)		
Event 1 Men 30-34 200 SC Meter Freestyle						
1	Roberts, David	30	Otter	2:00.00	2:01.24	6
				28.39 58.98 (30.59) 1:29.97 (30.99) 2:01.24 (31.27)		
2	Picker, Stefano	33	Otter	2:15.00	2:12.67	5
				31.45 1:05.41 (33.96) 1:40.18 (34.77) 2:12.67 (32.49)		
3	Louw, Andrew	32	Otter	2:20.00	2:16.36	4
				31.37 1:05.21 (33.84) 1:41.07 (35.86) 2:16.36 (35.29)		
4	Hull, Anthony	30	Out to Swim	2:36.96	2:29.32	3
				33.42 1:12.29 (38.87) 1:51.56 (39.27) 2:29.32 (37.76)		
5	Carse, Michael	32	Barnet Cophall SC	2:36.00	2:37.11	2
				35.50 1:14.72 (39.22) 1:56.07 (41.35) 2:37.11 (41.04)		
6	Mead, Richard	34	Ruislip and Northwood Swimming	2:50.00	2:56.84	1
				38.09 1:21.75 (43.66) 2:08.92 (47.17) 2:56.84 (47.92)		
Event 1 Men 35-39 200 SC Meter Freestyle						
1	Hopton, Chris	36	Camden Swiss Cottage SC	2:16.55	2:05.55	6
				30.15 1:02.37 (32.22) 1:33.60 (31.23) 2:05.55 (31.95)		
2	Parrish, Jason	39	Otter	2:15.00	2:14.08	5
				31.31 1:05.12 (33.81) 1:39.76 (34.64) 2:14.08 (34.32)		
3	Williams, Rhys	38	Out to Swim	2:19.00	2:21.13	4
				32.75 1:09.30 (36.55) 1:46.19 (36.89) 2:21.13 (34.94)		
4	Souza, Daniel	35	Camden Swiss Cottage SC	2:21.73	2:21.36	3
				30.34 1:05.05 (34.71) 1:42.22 (37.17) 2:21.36 (39.14)		
5	Carniato, Nicola	35	Camden Swiss Cottage SC	2:24.00	2:30.83	2
				34.56 1:12.21 (37.65) 1:51.61 (39.40) 2:30.83 (39.22)		
6	Flynn, Dermot	35	Out to Swim	2:46.00	2:31.50	1
				34.66 1:12.53 (37.87) 1:52.11 (39.58) 2:31.50 (39.39)		
7	Foreman, Adam	38	Barnet Cophall SC	2:37.00	2:32.05	
				33.65 1:11.99 (38.34) 1:52.16 (40.17) 2:32.05 (39.89)		
8	Bell, Alistair	35	Out to Swim	2:45.00	2:34.21	
				35.25 1:14.20 (38.95) 1:55.14 (40.94) 2:34.21 (39.07)		
9	Fortunato, Fabrizio	36	Camden Swiss Cottage SC	2:40.55	2:40.00	

MCASA Masters 2011 05 June 2011 Results

35.42 1:15.58 (40.16) 1:58.34 (42.76) 2:40.00 (41.66)

10 Lowans, Colin 39 Ealing 3:15.68 3:04.47
41.45 1:27.64 (46.19) 2:16.24 (48.60) 3:04.47 (48.23)

--- Perissinotto, Avise 35 Camden Swiss Cottage SC 3:20.45 DQ
4.4 Start before starting signal
41.92 1:29.26 (47.34) 2:16.03 (46.77) DQ (48.62)

Event 1 Men 40-44 200 SC Meter Freestyle

1 Warren, Dave 40 Otter 1:59.72 1:59.17 6
28.28 58.44 (30.16) 1:29.00 (30.56) 1:59.17 (30.17)

2 Bradford, Martin 44 Out to Swim 2:14.00 2:16.15 5
31.25 1:05.40 (34.15) 1:40.49 (35.09) 2:16.15 (35.66)

3 Albright, Philip 41 Camden Swiss Cottage SC 2:18.55 2:21.18 4
33.75 1:09.73 (35.98) 1:45.59 (35.86) 2:21.18 (35.59)

4 Lumby, Dougal 41 Broomfield Park SC 2:18.00 2:22.53 3
32.83 1:08.41 (35.58) 1:45.47 (37.06) 2:22.53 (37.06)

5 Gallo, Marcus 43 Broomfield Park SC 2:30.00 2:31.52 2
32.19 1:08.99 (36.80) 1:49.52 (40.53) 2:31.52 (42.00)

6 Jackman, Duncan 43 Broomfield Park SC 3:08.00 3:07.07 1
41.50 1:29.80 (48.30) 2:18.66 (48.86) 3:07.07 (48.41)

Event 1 Men 45-49 200 SC Meter Freestyle

1 Vela, Stan 49 Ruislip and Northwood Swimming 2:06.00 2:09.27 6
30.52 1:03.06 (32.54) 1:35.13 (32.07) 2:09.27 (34.14)

2 Isherwood, Robert 45 Otter 2:23.00 2:23.43 5
33.51 1:09.03 (35.52) 1:46.34 (37.31) 2:23.43 (37.09)

3 Strahan, David 49 Camden Swiss Cottage SC 3:16.00 3:12.71 4
43.69 1:32.42 (48.73) 2:23.13 (50.71) 3:12.71 (49.58)

--- Josephs, David 47 Camden Swiss Cottage SC 2:24.00 DQ
33.13 1:08.93 (35.80) 1:45.91 (36.98) DQ (35.10)

Event 1 Men 50-54 200 SC Meter Freestyle

1 Hirst, Wayne 51 Ruislip and Northwood Swimming 2:31.95 2:29.56 6
34.02 1:11.83 (37.81) 1:50.73 (38.90) 2:29.56 (38.83)

2 Procter, Neil 51 Barnet Copthall SC 2:31.11 2:33.54 5
34.52 1:12.72 (38.20) 1:53.41 (40.69) 2:33.54 (40.13)

3 Morton, Adrian 54 Camden Swiss Cottage SC 3:10.00 3:15.19 4
42.97 1:32.99 (50.02) 2:25.49 (52.50) 3:15.19 (49.70)

Event 1 Men 55-59 200 SC Meter Freestyle

1 Folsom, Steve 58 Teddington SC 2:38.00 2:29.68 6
34.27 1:11.67 (37.40) 1:50.18 (38.51) 2:29.68 (39.50)

		MCASA Masters 2011	05 June 2011	Results	
2	Kiernan, Chris	57 Cally Masters Islington	2:50.00	2:47.96	5
		38.35 1:21.33 (42.98) 2:05.94 (44.61) 2:47.96 (42.02)			
3	Searle, John	55 Ealing	3:33.00	3:39.59	4
		49.12 1:45.80 (56.68) 2:44.38 (58.58) 3:39.59 (55.21)			
Event 1 Men 60-64 200 SC Meter Freestyle					
1	Hembrow, Dave	64 Teddington SC	2:30.00	2:30.74	6
		35.02 1:12.94 (37.92) 1:51.74 (38.80) 2:30.74 (39.00)			
2	Munro, Malcolm	64 Ealing	3:00.00	3:00.91	5
		42.18 1:28.38 (46.20) 2:15.38 (47.00) 3:00.91 (45.53)			
3	Mc Lean, Duncan	62 Cally Masters Islington	3:25.00	3:30.66	4
		43.77 1:37.40 (53.63) 2:35.12 (57.72) 3:30.66 (55.54)			
Event 1 Men 65-69 200 SC Meter Freestyle					
1	Parr, Derek	67 Broomfield Park SC	3:00.00	2:46.36	6
		39.08 1:21.45 (42.37) 2:05.00 (43.55) 2:46.36 (41.36)			
2	Phillips, Roger	67 Otter	3:00.00	2:52.29	5
		41.64 1:25.16 (43.52) 2:09.26 (44.10) 2:52.29 (43.03)			
3	Ray, Anthony	67 Otter	3:14.00	3:10.92	4
		42.70 1:32.55 (49.85) 2:21.22 (48.67) 3:10.92 (49.70)			
4	Wilson, Roy	65 Ruislip and Northwood Swimming	3:43.00	3:40.04	3
		49.03 1:45.99 (56.96) 2:44.42 (58.43) 3:40.04 (55.62)			
5	Thomas, Michael	65 Barnet Copthall SC	3:45.00	4:03.73	2
		49.701:52.30 (1:02.60)2:58.69 (1:06.39)4:03.73 (1:05.04)			
6	Dana, Michael	66 Cally Masters Islington	4:25.00	4:30.99	1
Event 1 Men 70-74 200 SC Meter Freestyle					
1	Dean, Clive	74 Enfield SC	3:20.00	3:20.36	6
		46.90 1:38.32 (51.42) 2:31.24 (52.92) 3:20.36 (49.12)			
2	Clarke, Raymond	74 Ruislip and Northwood Swimming	4:05.00	3:56.62	5
Event 1 Men 75-79 200 SC Meter Freestyle					
1	Harrington, John	75 Barnet Copthall SC	3:05.00	3:04.03	6
		43.32 1:30.25 (46.93) 2:17.78 (47.53) 3:04.03 (46.25)			
2	Goddard, Michael	75 Ruislip and Northwood Swimming	3:52.00	3:50.88	5
		51.39 1:49.80 (58.41)2:50.48 (1:00.68)3:50.88 (1:00.40)			
Event 1 Men 80-84 200 SC Meter Freestyle					
1	Curr, Robert	82 Serpentine SC	5:30.00	4:56.57	6
Event 2 Women 25-29 50 SC Meter Breaststroke					
1	Sapsford, Julie	27 Camden Swiss Cottage SC	38.14	40.30	6
2	Bacher-Fuentes, Laura	28 Otter	40.00	41.45	5
3	Fenton, Anna	29 Camden Swiss Cottage SC	46.50	42.43	4

Event 2 Women 30-34 50 SC Meter Breaststroke

1	Dobson, Catherine	30	Otter	39.96	38.92	6
2	Hobson, Gina	34	Otter	41.00	40.32	5
3	Smyth, Charlotte	34	Cally Masters Islington	40.00	40.39	4
4	George, Camilla	30	Cally Masters Islington	39.80	41.77	3
5	Mc Kenna, Annie	31	Cally Masters Islington	43.00	41.86	2
6	Senecal, Michelle	34	Otter	41.00	42.30	1
7	Mullan, Lucy	31	Camden Swiss Cottage SC	45.00	43.66	
8	Adam, Rebecca	30	Cally Masters Islington	45.00	44.49	
9	Bigman, Fran	31	Cally Masters Islington	1:00.00	58.31	
---	Fuzesi, Olga	32	Cally Masters Islington	55.00	DQ	

Event 2 Women 35-39 50 SC Meter Breaststroke

1	Kline, Nadine	37	West London Penguin S&Wp	C40.00	42.69	6
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Event 2 Women 40-44 50 SC Meter Breaststroke

1	O'Dea, Karen	42	Ruislip and Northwood Swimming	39.50	40.75	6
2	Haidar, Nadia	40	Edmonton Phoenix	44.00	43.98	5
3	Kain, Tracey	41	Ealing	43.00	45.29	4
4	Charman, Judith	44	Ruislip and Northwood Swimming	48.00	45.91	3
5	Petrenko, Annette	42	Cally Masters Islington	1:05.00	1:02.52	2

Event 2 Women 45-49 50 SC Meter Breaststroke

1	Inagaki, Noriko	49	Cally Masters Islington	48.25	48.48	6
2	Challands, Jo	49	Cally Masters Islington	48.00	49.52	5
3	Nelson, Jenny	49	Cally Masters Islington	48.00	49.77	4
4	Thomas, Christine	47	Ruislip and Northwood Swimming	51.10	50.90	3

Event 2 Women 50-54 50 SC Meter Breaststroke

1	Johnson, Hilary	53	Camden Swiss Cottage SC	43.00	42.25	6
2	Perry, Sara	54	Cally Masters Islington	44.00	44.41	5
3	Jaggs, Tamsin	51	Camden Swiss Cottage SC	44.50	48.26	4
4	Cook, Lesley	53	Otter	52.16	49.02	3
5	Hetreed, Olivia	50	Cally Masters Islington	48.00	49.39	2
6	Butterworth, Karen	53	Ruislip and Northwood Swimming	56.71	55.54	1

Event 2 Women 55-59 50 SC Meter Breaststroke

1	Bellas, Karen	59	Camden Swiss Cottage SC	46.00	46.51	6
2	Procter, Sue	55	Barnet Copthall SC	51.42	48.09	5
3	Green, Susan	55	Camden Swiss Cottage SC	54.86	55.31	4

Event 2 Women 60-64 50 SC Meter Breaststroke

1	Stern, Marion	63	Cally Masters Islington	1:05.00	1:03.22	6
2	Cinnamon, Catherine	61	Cally Masters Islington	1:06.00	1:04.93	5

Event 2 Women 65-69 50 SC Meter Breaststroke

1	Hamilton, Georgie	68	Barnet Copthall SC	53.00	51.86	6
2	Blower, Elaine	66	Barnet Copthall SC	52.53	51.96	5

Event 2 Women 70-74 50 SC Meter Breaststroke

1	Mullen, Michael Ann	72	Cally Masters Islington	1:00.00	1:11.10	6
---	Hoskyns, Katharine	74	Cally Masters Islington	1:10.00	DQ	

10.1 A swimmer did not cover the whole distance – DNF

Event 2 Men 18-24 50 SC Meter Breaststroke

MCASA Masters 2011		05 June 2011		Results		
1	Ting, Tommy	22	Out to Swim	36.20	36.18	6
Event 2 Men 25-29 50 SC Meter Breaststroke						
1	Shah, Amar	26	Otter	30.00	31.91	6
2	Yao, Shih-Ming	26	Out to Swim	35.00	32.69	5
3	Thomas, Ben	29	Otter	35.50	35.93	4
4	Tufarelli, Tommaso	27	Otter	36.00	36.95	3
5	Prinsloo, Hendrick	29	Otter	35.00	37.95	2
6	Talbott, John	29	Otter	38.00	40.16	1
7	Dervish, Dervish Ali	25	Edmonton Phoenix	45.08	43.31	
Event 2 Men 30-34 50 SC Meter Breaststroke						
1	Roberts, David	30	Otter	33.00	32.35	6
2	Grainge, Mark	33	Out to Swim	35.91	36.47	5
3	Freer, Adam	34	Barnet Copthall SC	36.50	38.48	4
4	Seyde, Paul	33	Out to Swim	38.50	38.55	3
5	Carse, Michael	32	Barnet Copthall SC	38.00	38.78	2
6	Mead, Richard	34	Ruislip and Northwood Swimming	41.00	43.41	1
Event 2 Men 35-39 50 SC Meter Breaststroke						
1	Vinkler, Csaba	35	Cally Masters Islington	34.00	33.72	6
2	Saulter, Tim	36	Ruislip and Northwood Swimming	37.00	35.76	5
3	Flynn, Dermot	35	Out to Swim	42.00	38.64	4
4	Parrish, Jason	39	Otter	37.00	40.06	3
5	Fortunato, Fabrizio	36	Camden Swiss Cottage SC	34.00	41.33	2
---	Lowans, Colin	39	Ealing	45.00	DQ	
4.4 Start before starting signal						
Event 2 Men 40-44 50 SC Meter Breaststroke						
1	Warren, Dave	40	Otter	30.78	31.51	6
2	Lumby, Dougal	41	Broomfield Park SC	36.70	36.49	5
3	Gallo, Marcus	43	Broomfield Park SC	37.18	37.62	4
4	Albright, Philip	41	Camden Swiss Cottage SC	37.00	37.92	3
5	Osher, Damon	42	Barnet Copthall SC	44.73	38.48	2
6	Prinsen, Eirk	43	Ruislip and Northwood Swimming	42.00	42.88	1
7	Jackman, Duncan	43	Broomfield Park SC	45.00	46.41	
8	Silverman, Jonathan	44	Cally Masters Islington	1:01.00	52.39	
Event 2 Men 45-49 50 SC Meter Breaststroke						
1	Vela, Stan	49	Ruislip and Northwood Swimming	36.90	36.39	6
2	Isherwood, Robert	45	Otter	37.50	37.45	5
3	Simpson, Russell	49	Camden Swiss Cottage SC	37.40	38.27	4
4	Pritchard, Ian	47	Ealing	39.74	40.87	3
5	Benfield, Ewan	45	Cally Masters Islington	50.00	49.02	2
Event 2 Men 50-54 50 SC Meter Breaststroke						
1	Forrest, David	50	Out to Swim	35.00	35.70	6
2	Holme, Philip	52	Barnet Copthall SC	37.09	37.20	5
3	Hirst, Wayne	51	Ruislip and Northwood Swimming	38.10	38.78	4
4	Matthews, Neil	54	Camden Swiss Cottage SC	42.30	40.84	3
5	Morton, Adrian	54	Camden Swiss Cottage SC	47.00	45.66	2
6	Braithwaite, Mark	51	Ruislip and Northwood Swimming	48.00	49.24	1
Event 2 Men 55-59 50 SC Meter Breaststroke						
1	Kaethner, Chris	56	Clissold SC	35.80	36.64	6

MCASA Masters 2011		05 June 2011		Results			
2	Fidler, Chris	58	Teddington SC	38.77	38.75	5	
3	Fox, Martin	57	Ealing	45.00	43.54	4	
4	Searle, John	55	Ealing	46.00	48.00	3	
Event 2 Men 60-64 50 SC Meter Breaststroke							
1	Mc Lean, Duncan	62	Cally Masters Islington	50.00	49.45	6	
Event 2 Men 65-69 50 SC Meter Breaststroke							
1	Parr, Derek	67	Broomfield Park SC	48.00	47.73	6	
---	Wilson, Roy	65	Ruislip and Northwood Swimming	59.00	DQ		
7.4 Leg movements not on the same plane							
Event 2 Men 70-74 50 SC Meter Breaststroke							
1	Dean, Clive	74	Enfield SC	44.00	44.34	6	
2	O'Dea, Joe	71	Ruislip and Northwood Swimming	48.00	48.13	5	
3	Clarke, Raymond	74	Ruislip and Northwood Swimming	56.00	55.16	4	
Event 2 Men 75-79 50 SC Meter Breaststroke							
1	Goddard, Michael	75	Ruislip and Northwood Swimming	1:07.00	1:15.12	6	
Event 3 Women 18-24 50 SC Meter Butterfly							
1	Hannon, Felicity	22	Otter	40.56	38.95	6	
Event 3 Women 25-29 50 SC Meter Butterfly							
1	Maingot, Melanie	28	Cally Masters Islington	32.50	32.20	6	
2	Bacher-Fuentes, Laura	28	Otter	30.00	32.76	5	
3	Seary, Coralie	29	Cally Masters Islington	34.50	32.79	4	
4	Fenton, Anna	29	Camden Swiss Cottage SC	33.20	34.07	3	
5	Croft, Hannah	27	Ruislip and Northwood Swimming	35.80	34.55	2	
6	Rodgers, Susie	28	Otter	40.35	38.86	BRITISH RECORD (S7)	1
Event 3 Women 30-34 50 SC Meter Butterfly							
1	Bellinger, Elizabeth	33	Out to Swim	30.25	29.48	6	
2	Hobson, Gina	34	Otter	30.50	31.19	5	
3	Dobson, Catherine	30	Otter	32.26	32.76	4	
4	Mc Kenna, Annie	31	Cally Masters Islington	32.00	33.29	3	
5	Jaeggi, Christine	30	Cally Masters Islington	32.97	33.97	2	
6	Mullan, Lucy	31	Camden Swiss Cottage SC	36.00	34.38	1	
7	Prentice, Helen	31	Otter	34.00	34.59		
8	George, Camilla	30	Cally Masters Islington	34.30	34.64		
9	Yamawaki, Sachika	30	Barnet Copthall SC	34.00	34.98		
10	Davis, Alex	30	Out to Swim	34.50	35.25		
11	Adam, Rebecca	30	Cally Masters Islington	37.00	36.22		
12	Lawrey, Nari	34	Camden Swiss Cottage SC	40.00	36.24		
13	Smyth, Charlotte	34	Cally Masters Islington	40.00	37.36		
14	Bigman, Fran	31	Cally Masters Islington	50.00	47.58		
Event 3 Women 35-39 50 SC Meter Butterfly							
1	MacLean, Susan	36	Camden Swiss Cottage SC	36.00	34.03	6	
Event 3 Women 40-44 50 SC Meter Butterfly							
1	Cordial, Lesley	44	Ruislip and Northwood Swimming	31.50	31.82	6	
2	O'Dea, Karen	42	Ruislip and Northwood Swimming	33.50	35.27	5	
3	Charman, Judith	44	Ruislip and Northwood Swimming	36.90	36.08	4	
4	Petrenko, Annette	42	Cally Masters Islington	1:00.00	1:05.99	3	

Event 3 Women 45-49 50 SC Meter Butterfly

1	Zuccolini, Julie	47	Edmonton Phoenix	39.25	38.00	6
2	Green, Sue	48	Ruislip and Northwood Swimming	39.50	38.26	5
3	O'Brien, Jayne	49	Out to Swim	45.00	45.26	4
4	Wright, Francesca	49	Otter	50.00	46.84	3
5	Nelson, Jenny	49	Cally Masters Islington	50.00	49.17	2
6	Inagaki, Noriko	49	Cally Masters Islington	1:00.00	57.08	1
7	Thomas, Christine	47	Ruislip and Northwood Swimming	50.00	59.32	

Event 3 Women 50-54 50 SC Meter Butterfly

*1	Jaggs, Tamsin	51	Camden Swiss Cottage SC	38.05	40.11	5. 50
*1	Johnson, Hilary	53	Camden Swiss Cottage SC	38.00	40.11	5. 50
3	Cook, Lesley	53	Otter	41.58	40.12	4
4	Thomas, Susan	51	Edmonton Phoenix	42.69	43.43	3
5	Perry, Sara	54	Cally Masters Islington	43.00	43.51	2
6	Hetreed, Olivia	50	Cally Masters Islington	48.00	49.57	1

Event 3 Women 55-59 50 SC Meter Butterfly

1	Bellas, Karen	59	Camden Swiss Cottage SC	45.00	40.04	6
2	Green, Susan	55	Camden Swiss Cottage SC	52.84	55.20	5

Event 3 Women 60-64 50 SC Meter Butterfly

1	Cinnamon, Catherine	61	Cally Masters Islington	1:05.30	1:07.23	6
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Event 3 Women 65-69 50 SC Meter Butterfly

1	Blower, Elaine	66	Barnet Copthall SC	47.81	45.85	6
2	Hamilton, Georgie	68	Barnet Copthall SC	52.00	50.34	5

Event 3 Women 70-74 50 SC Meter Butterfly

1	Hoskyns, Katharine	74	Cally Masters Islington	1:05.00	1:02.36	6
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Event 3 Men 18-24 50 SC Meter Butterfly

1	Northover, Joe	21	Haringey Borough	26.22	27.73	6
2	Digby-Baker, Sam	19	Cally Masters Islington	30.00	28.50	5
3	Holden, Matthew	22	Edmonton Phoenix	37.50	35.92	4

Event 3 Men 25-29 50 SC Meter Butterfly

1	Caldwell, Oliver	29	Otter	27.44	27.58	6
2	Voisey, Andrew	28	Out to Swim	NT	27.85	5
3	Boyce, Alex	28	Camden Swiss Cottage SC	26.75	27.86	4
4	Taylor, Neal	26	Camden Swiss Cottage SC	28.12	28.31	3
5	Thomas, Ben	29	Otter	28.50	29.45	2
6	Chopra, Mark	28	Otter	29.21	30.13	1
7	Prinsloo, Hendrick	29	Otter	31.00	30.19	
8	Talbott, John	29	Otter	29.00	30.40	
9	Tufarelli, Tommaso	27	Otter	31.00	32.26	
10	Moulson, Daniel	27	Otter	45.00	39.88	

Event 3 Men 30-34 50 SC Meter Butterfly

1	Roberts, David	30	Otter	27.70	27.32	6
2	Bond, Ian	31	Otter	28.50	28.18	5
3	Corallo, Claudio	30	Camden Swiss Cottage SC	28.98	29.35	4
4	Guy, Michael	30	Out to Swim	29.50	29.89	3
5	Picker, Stefano	33	Otter	32.00	30.71	2

MCASA Masters 2011

05 June 2011

Results

6	Seyde, Paul	33	Out to Swim	33.10	33.07	1
7	Grainge, Mark	33	Out to Swim	32.91	33.12	
8	Freer, Adam	34	Barnet Copthall SC	34.59	36.17	
9	Mead, Richard	34	Ruislip and Northwood Swimming	45.00	39.86	

Event 3 Men 35-39 50 SC Meter Butterfly

1	Saulter, Tim	36	Ruislip and Northwood Swimming	30.00	30.20	6
2	Hopton, Chris	36	Camden Swiss Cottage SC	32.00	30.81	5
3	Freelove, Alex	37	Otter	30.00	30.82	4
4	Parrish, Jason	39	Otter	32.00	32.06	3
5	Souza, Daniel	35	Camden Swiss Cottage SC	33.00	33.87	2
6	Carniato, Nicola	35	Camden Swiss Cottage SC	32.22	34.87	1
7	Flynn, Dermot	35	Out to Swim	38.00	35.51	
8	Foreman, Adam	38	Barnet Copthall SC	37.00	36.16	
9	Bell, Alistair	35	Out to Swim	1:00.00	39.46	
10	Lowans, Colin	39	Ealing	49.00	50.68	
---	Yoneda, Hajime	35	Cally Masters Islington	32.00	DQ	

8.4 Did not touch at turn or finish with both hands, or touch not simultaneous

Event 3 Men 40-44 50 SC Meter Butterfly

1	Warren, Dave	40	Otter	26.29	27.25	6
2	Albright, Philip	41	Camden Swiss Cottage SC	31.50	31.95	5
3	Bradford, Martin	44	Out to Swim	34.00	32.06	4
4	Lumby, Dougal	41	Broomfield Park SC	33.00	33.51	3
5	Gallo, Marcus	43	Broomfield Park SC	35.70	34.26	2

Event 3 Men 45-49 50 SC Meter Butterfly

1	Vela, Stan	49	Ruislip and Northwood Swimming	29.50	29.09	6
2	Pears, Tevor	47	Camden Swiss Cottage SC	33.00	32.22	5
3	Isherwood, Robert	45	Otter	34.00	34.62	4
4	Simpson, Russell	49	Camden Swiss Cottage SC	34.30	36.08	3
5	Benfield, Ewan	45	Cally Masters Islington	47.00	44.59	2

Event 3 Men 50-54 50 SC Meter Butterfly

1	Procter, Neil	51	Barnet Copthall SC	35.00	33.84	6
2	Hirst, Wayne	51	Ruislip and Northwood Swimming	35.88	36.49	5
3	Braithwaite, Mark	51	Ruislip and Northwood Swimming	39.00	38.51	4

Event 3 Men 55-59 50 SC Meter Butterfly

1	Folsom, Steve	58	Teddington SC	31.88	32.68	6
2	Fidler, Chris	58	Teddington SC	34.20	33.97	5
3	Kaethner, Chris	56	Clissold SC	34.50	35.77	4
4	Kiernan, Chris	57	Cally Masters Islington	45.00	39.00	3

Event 3 Men 60-64 50 SC Meter Butterfly

1	Hembrow, Dave	64	Teddington SC	35.00	37.07	6
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Event 3 Men 65-69 50 SC Meter Butterfly

1	Parr, Derek	67	Broomfield Park SC	35.00	34.50	6
2	Harper, Philip	66	Otter	36.00	36.50	5
3	Phillips, Roger	67	Otter	37.50	37.88	4
4	Thomas, Michael	65	Barnet Copthall SC	56.00	58.71	3
5	Dana, Michael	66	Cally Masters Islington	1:00.00	1:04.75	2

Event 3 Men 70-74 50 SC Meter Butterfly

MCASA Masters 2011

05 June 2011

Results

1	O'Dea, Joe	71 Ruislip and Northwood Swimming	46.50	47.08	6
2	Dean, Clive	74 Enfield SC	48.00	48.90	5
Event 4 Women 72-99 100 SC Meter Medley Relay					
1	Otter	A	NT	1:10.65	12
	37.29	1:10.65 (33.36)			
Event 4 Women 100-119 100 SC Meter Medley Relay					
1	Otter	A	1:00.00	1:01.15	12
	33.30	1:01.15 (27.85)			
2	Camden Swiss Cottage SC	A	1:00.01	1:02.42	10
	34.22	1:02.42 (28.20)			
3	Cally Masters Islington	A	1:00.02	1:04.38	8
	35.24	1:04.38 (29.14)			
Event 4 Women 120-159 100 SC Meter Medley Relay					
1	Otter	A	1:20.02	1:04.41	12
	35.85	1:04.41 (28.56)			
2	Barnet Cophall SC	A	1:20.00	1:05.53	10
	35.00	1:05.53 (30.53)			
3	Cally Masters Islington	A	1:20.01	1:05.70	8
	36.98	1:05.70 (28.72)			
4	Out to Swim	A	NT	1:07.31	6
	39.30	1:07.31 (28.01)			
Event 4 Women 160-199 100 SC Meter Medley Relay					
1	Ruislip and Northwood Swim	A	1:59.01	1:07.05	12
	35.90	1:07.05 (31.15)			
2	Camden Swiss Cottage SC	A	1:59.04	1:09.63	10
	36.78	1:09.63 (32.85)			
3	Barnet Cophall SC	A	1:59.06	1:09.79	8
	40.25	1:09.79 (29.54)			
4	Edmonton Phoenix	A	1:59.03	1:11.63	6
	41.45	1:11.63 (30.18)			
5	Cally Masters Islington	A	1:59.05	1:22.74	4
	43.88	1:22.74 (38.86)			
---	Otter	A	1:59.02	DQ	
	52.08	DQ (37.18) Non simultaneous touch breast stroke finish			
Event 4 Women 200-239 100 SC Meter Medley Relay					
1	Cally Masters Islington	A	2:00.01	1:18.21	12
	42.66	1:18.21 (35.55)			
2	Barnet Cophall SC	A	2:00.00	1:21.30	10

Event 4 Women 240-279 100 SC Meter Medley Relay

1	Camden Swiss Cottage SC	A	2:40.01	1:41.80	12
	53.68 1:41.80 (48.12)				
2	Cally Masters Islington	A	2:40.00	1:54.51	10
	1:08.45 1:54.51 (46.06)				

Event 5 Men 72-99 100 SC Meter Medley Relay

1	Cally Masters Islington	A	59.00	56.21	12
	30.98 56.21 (25.23)				
2	Otter	A	NT	59.43	10
	30.89 59.43 (28.54)				

Event 5 Men 100-119 100 SC Meter Medley Relay

1	Otter	B	1:00.00	53.72	12
	28.95 53.72 (24.77)				
2	Out to Swim	A	NT	57.17	10
	32.71 57.17 (24.46)				
3	Camden Swiss Cottage SC	A	1:00.03	58.55	8
	34.46 58.55 (24.09)				

Event 5 Men 120-159 100 SC Meter Medley Relay

1	Otter	A	1:20.00	57.15	12
	30.74 57.15 (26.41)				
2	Barnet Copthall SC	A	1:20.03	1:03.21	10
	33.34 1:03.21 (29.87)				
3	Out to Swim	A	NT	1:04.27	8
	33.07 1:04.27 (31.20)				
4	Camden Swiss Cottage SC	A	1:20.02	1:04.77	6
	35.98 1:04.77 (28.79)				
5	Camden Swiss Cottage SC	B	1:20.01	1:05.99	4
	33.25 1:05.99 (32.74)				

Event 5 Men 160-199 100 SC Meter Medley Relay

1	Otter	A	1:59.03	56.84	12
	30.85 56.84 (25.99)				
2	Barnet Copthall SC	A	1:59.00	1:00.92	10
	32.90 1:00.92 (28.02)				
3	Out to Swim	A	NT	1:01.54	8
	35.06 1:01.54 (26.48)				
4	Camden Swiss Cottage SC	A	1:59.02	1:05.34	6
	34.68 1:05.34 (30.66)				
5	Broomfield Park SC	A	1:59.01	1:05.62	4

MCASA Masters 2011
34.42 1:05.62 (31.20)

05 June 2011

Results

Event 5 Men 200-239 100 SC Meter Medley Relay

1	Ealing	A	2:00.00	1:07.53	12
	37.82 1:07.53 (29.71)				
2	Barnet Cophall SC	A	2:00.02	1:08.97	10
	37.77 1:08.97 (31.20)				
3	Cally Masters Islington	A	2:00.01	1:17.27	8
	41.41 1:17.27 (35.86)				

Event 5 Men 240-279 100 SC Meter Medley Relay

1	Otter	A	2:40.01	1:12.20	12
	38.87 1:12.20 (33.33)				
2	Ruislip and Northwood Swim	A	2:40.02	1:24.09	10
	44.35 1:24.09 (39.74)				

Event 6 Mixed 72-99 100 SC Meter Medley Relay

1	Otter	A	59.01	1:02.94	12
	31.34 1:02.94 (31.60)				
2	Cally Masters Islington	A	59.00	1:11.12	10
	43.84 1:11.12 (27.28)				

Event 6 Mixed 100-119 100 SC Meter Medley Relay

1	Otter	B	1:00.03	57.16	12
	29.95 57.16 (27.21)				
2	Otter	A	1:00.02	58.74	10
	34.32 58.74 (24.42)				
3	Out to Swim	A	1:00.05	59.18	8
	35.12 59.18 (24.06)				
4	Camden Swiss Cottage SC	A	1:00.01	1:00.56	6
	34.13 1:00.56 (26.43)				
5	Barnet Cophall SC	A	1:00.00	1:03.34	4
	32.75 1:03.34 (30.59)				

Event 6 Mixed 120-159 100 SC Meter Medley Relay

1	Otter	A	1:20.05	57.59	12
	30.56 57.59 (27.03)				
2	Cally Masters Islington	A	1:20.01	1:00.12	10
	31.24 1:00.12 (28.88)				
3	Barnet Cophall SC	A	1:20.00	1:01.01	8
	33.28 1:01.01 (27.73)				
4	Otter	B	1:20.06	1:02.38	6
	32.48 1:02.38 (29.90)				

MCASA Masters 2011		05 June 2011	Results		
5	Camden Swiss Cottage SC 37.64 1:05.66 (28.02)	A	1:20.02	1:05.66	4
6	Edmonton Phoenix 39.02 1:08.92 (29.90)	A	1:20.04	1:08.92	2
7	Camden Swiss Cottage SC 35.60 1:09.75 (34.15)	B	1:20.03	1:09.75	
Event 6 Mixed 160-199 100 SC Meter Medley Relay					
1	Ruislip and Northwood Swim 32.68 59.16 (26.48)	A	1:59.05	59.16	12
2	Barnet Cophall SC 35.37 1:04.36 (28.99)	A	1:59.00	1:04.36	10
3	Camden Swiss Cottage SC 33.87 1:05.03 (31.16)	A	1:59.02	1:05.03	8
4	Out to Swim 33.18 1:06.44 (33.26)	A	1:59.06	1:06.44	6
5	Ealing 39.41 1:08.48 (29.07)	A	1:59.03	1:08.48	4
6	Cally Masters Islington 40.28 1:12.43 (32.15)	A	1:59.01	1:12.43	2
Event 6 Mixed 200-239 100 SC Meter Medley Relay					
1	Barnet Cophall SC 39.35 1:11.03 (31.68)	A	2:00.00	1:11.03	12
2	Ruislip and Northwood Swim 39.87 1:15.30 (35.43)	A	2:00.05	1:15.30	10
3	Cally Masters Islington 43.79 1:16.05 (32.26)	A	2:00.01	1:16.05	8
4	Otter 43.94 1:20.02 (36.08)	A	2:00.04	1:20.02	6
5	Camden Swiss Cottage SC 47.89 1:21.82 (33.93)	A	2:00.03	1:21.82	4
Event 6 Mixed 240-279 100 SC Meter Medley Relay					
1	Barnet Cophall SC 38.90 1:17.81 (38.91)	A	2:40.00	1:17.81	12
2	Otter 45.12 1:26.49 (41.37)	A	2:40.01	1:26.49	10
Event 7 Women 72-99 100 SC Meter Freestyle Relay					
1	Otter 28.92 1:01.09 (32.17)	A	59.05	1:01.09	12

MCASA Masters 2011		05 June 2011		Results		
Event 7 Women 100-119 100 SC Meter Freestyle Relay						
1	Otter	A	1:00.01	56.58		12
	29.30 56.58 (27.28)					
2	Cally Masters Islington	A	1:00.00	56.90		10
	29.03 56.90 (27.87)					
3	Camden Swiss Cottage SC	A	1:00.00	57.21		8
	29.31 57.21 (27.90)					
Event 7 Women 120-159 100 SC Meter Freestyle Relay						
1	Otter	A	1:20.03	55.36		12
	27.26 55.36 (28.10)					
2	Barnet Cophall SC	A	1:20.00	55.55		10
	28.16 55.55 (27.39)					
3	Out to Swim	A	1:20.04	57.96		8
	27.98 57.96 (29.98)					
4	Cally Masters Islington	A	1:20.01	59.19		6
	29.50 59.19 (29.69)					
Event 7 Women 160-199 100 SC Meter Freestyle Relay						
1	Ruislip and Northwood Swim	A	1:59.05	57.48		12
	28.20 57.48 (29.28)					
2	Camden Swiss Cottage SC	A	1:59.02	1:02.01		10
	32.25 1:02.01 (29.76)					
3	Edmonton Phoenix	A	1:59.03	1:04.13		8
	32.86 1:04.13 (31.27)					
4	Cally Masters Islington	A	1:59.01	1:13.76		6
	36.58 1:13.76 (37.18)					
5	Otter	A	1:59.04	1:18.34		4
	15.091:18.34 (1:03.25)					
Event 7 Women 200-239 100 SC Meter Freestyle Relay						
1	Cally Masters Islington	A	2:00.01	1:07.94		12
	33.41 1:07.94 (34.53)					
Event 7 Women 240-279 100 SC Meter Freestyle Relay						
1	Camden Swiss Cottage SC	A	2:40.01	1:35.90		12
	44.07 1:35.90 (51.83)					
2	Cally Masters Islington	A	2:40.00	1:43.81		10
	52.10 1:43.81 (51.71)					
Event 8 Men 72-99 100 SC Meter Freestyle Relay						
1	Cally Masters Islington	A	59.00	50.07		12
	25.39 50.07 (24.68)					
2	Otter	A	59.01	55.91		10

MCASA Masters 2011
28.44 55.91 (27.47)

05 June 2011

Results

Event 8 Men 100-119 100 SC Meter Freestyle Relay

1	Otter	A	1:00.00	49.72	12
	25.03 49.72 (24.69)				
2	Out to Swim	A	1:00.03	50.18	10
	25.59 50.18 (24.59)				
---	Otter	B	1:00.01	DQ	
	10.9 Fewer than four swimmers in a team				
	25.31				

Event 8 Men 120-159 100 SC Meter Freestyle Relay

1	Otter	A	1:20.03	47.91	12
	23.75 47.91 (24.16)				
2	Camden Swiss Cottage SC	A	1:20.01	49.56	10
	25.41 49.56 (24.15)				
3	Barnet Cophall SC	A	1:20.00	54.01	8
	26.64 54.01 (27.37)				
4	Out to Swim	A	1:20.04	54.90	6
	26.76 54.90 (28.14)				
5	Camden Swiss Cottage SC	B	1:20.02	55.29	4
	26.48 55.29 (28.81)				

Event 8 Men 160-199 100 SC Meter Freestyle Relay

1	Otter	A	1:59.04	50.78	12
	26.36 50.78 (24.42)				
2	Camden Swiss Cottage SC	A	1:59.02	51.43	10
	25.35 51.43 (26.08)				
3	Out to Swim	A	1:59.07	53.32	8
	25.95 53.32 (27.37)				
4	Barnet Cophall SC	A	1:59.00	55.03	6
5	Broomfield Park SC	A	1:59.01	58.62	4
	29.34 58.62 (29.28)				
---	Camden Swiss Cottage SC	B	1:59.03	DQ	
	4.4 Start before starting signal				
	28.59 DQ (32.58)				

Event 8 Men 200-239 100 SC Meter Freestyle Relay

1	Ealing	A	2:00.02	59.50	12
	30.34 59.50 (29.16)				
2	Cally Masters Islington	A	2:00.01	1:05.21	10
	33.60 1:05.21 (31.61)				

Event 8 Men 240-279 100 SC Meter Freestyle Relay

1	Otter	A	2:40.02	1:02.77	12
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MCASA Masters 2011		05 June 2011		Results	
	30.62	1:02.77 (32.15)			
2	Ruislip and Northwood Swim	A	2:40.03	1:17.04	10
	34.10	1:17.04 (42.94)			
Event 9 Mixed 72-99 100 SC Meter Freestyle Relay					
1	Cally Masters Islington	A	59.00	52.58	12
	26.08	52.58 (26.50)			
2	Otter	A	59.01	58.63	10
	26.86	58.63 (31.77)			
Event 9 Mixed 100-119 100 SC Meter Freestyle Relay					
1	Out to Swim	A	1:00.04	52.64	12
	27.19	52.64 (25.45)			
2	Camden Swiss Cottage SC	A	1:00.01	52.97	10
	27.59	52.97 (25.38)			
3	Otter	A	1:00.02	53.28	8
	29.01	53.28 (24.27)			
4	Otter	B	1:00.03	54.20	6
	29.54	54.20 (24.66)			
5	Barnet Cophall SC	A	1:00.00	54.25	4
	27.69	54.25 (26.56)			
6	Camden Swiss Cottage SC	B	1:00.02	55.79	2
	30.91	55.79 (24.88)			
Event 9 Mixed 120-159 100 SC Meter Freestyle Relay					
1	Otter	B	1:20.04	51.95	12
	27.14	51.95 (24.81)			
2	Otter	A	1:20.04	52.06	10
	24.71	52.06 (27.35)			
3	Cally Masters Islington	A	1:20.01	54.50	8
	25.66	54.50 (28.84)			
4	Barnet Cophall SC	A	1:20.00	54.53	6
	28.70	54.53 (25.83)			
5	Camden Swiss Cottage SC	A	1:20.02	56.44	4
	30.51	56.44 (25.93)			
6	Edmonton Phoenix	A	1:20.03	1:01.48	2
	29.69	1:01.48 (31.79)			
Event 9 Mixed 160-199 100 SC Meter Freestyle Relay					
1	Ruislip and Northwood Swim	A	1:59.05	53.44	12
	27.02	53.44 (26.42)			
2	Barnet Cophall SC	A	1:59.00	56.70	10

		MCASA Masters 2011	05 June 2011	Results		
		29.89	56.70 (26.81)			
3	Out to Swim		A	1:59.06	57.28	8
		57.85	57.28 ()			
4	Camden Swiss Cottage SC		A	1:59.02	58.66	6
		29.61	58.66 (29.05)			
5	Ealing		A	1:59.03	59.99	4
6	Cally Masters Islington		A	1:59.01	1:02.20	2
		29.86	1:02.20 (32.34)			
Event 9 Mixed 200-239 100 SC Meter Freestyle Relay						
1	Otter		A	2:00.03	1:04.43	12
		35.85	1:04.43 (28.58)			
2	Cally Masters Islington		A	2:00.01	1:05.92	10
		31.60	1:05.92 (34.32)			
3	Camden Swiss Cottage SC		A	2:00.02	1:07.12	8
		38.08	1:07.12 (29.04)			
4	Ruislip and Northwood Swim		A	2:00.04	1:07.41	6
		30.65	1:07.41 (36.76)			
Event 9 Mixed 240-279 100 SC Meter Freestyle Relay						
1	Barnet Copthall SC		A	2:40.00	1:07.00	12
		30.66	1:07.00 (36.34)			
2	Otter		A	2:40.01	1:13.83	10
		10.61	1:13.83 (1:03.22)			
Event 10 Women 18-24 100 SC Meter IM						
1	Hannon, Felicity	22	Otter	1:26.00	1:30.23	6
		41.73	1:30.23 (48.50)			
Event 10 Women 25-29 100 SC Meter IM						
1	Effemey, Samantha	26	Camden Swiss Cottage SC	1:10.00	1:11.00	6
		32.53	1:11.00 (38.47)			
2	Seary, Coralie	29	Cally Masters Islington	1:16.00	1:12.35	5
		33.58	1:12.35 (38.77)			
3	Bacher-Fuentes, Laura	28	Otter	1:11.00	1:13.54	4
		33.60	1:13.54 (39.94)			
4	Kerr, Katie	28	Otter	1:16.00	1:14.91	3
		33.99	1:14.91 (40.92)			
5	Fenton, Anna	29	Camden Swiss Cottage SC	1:17.80	1:16.78	2
		34.72	1:16.78 (42.06)			
6	Croft, Hannah	27	Ruislip and Northwood Swimming	1:20.50	1:18.44	1
		35.86	1:18.44 (42.58)			

MCASA Masters 2011

05 June 2011

Results

7	Sapsford, Julie	27	Camden Swiss Cottage SC	1:20.00	1:20.92
	37.54				1:20.92 (43.38)
8	Martin, Sarah	28	Teddington SC	1:30.00	1:24.44
	38.79				1:24.44 (45.65)
9	Rodgers, Susie	28	Otter	1:45.00	1:36.44 BRITISH RECORD (SM7)
	42.07				1:36.44 (54.37)

Event 10 Women 30-34 100 SC Meter IM

1	Hobson, Gina	34	Otter	1:11.00	1:11.63	6
	32.68				1:11.63 (38.95)	
2	Bellinger, Elizabeth	33	Out to Swim	1:14.00	1:13.91	5
	33.87				1:13.91 (40.04)	
3	Prentice, Helen	31	Otter	1:15.00	1:14.34	4
	35.26				1:14.34 (39.08)	
4	Dobson, Catherine	30	Otter	1:14.67	1:14.85	3
	34.27				1:14.85 (40.58)	
5	Davis, Alex	30	Out to Swim	1:28.00	1:18.04	2
	36.70				1:18.04 (41.34)	
6	Mc Kenna, Annie	31	Cally Masters Islington	1:17.00	1:18.15	1
	36.17				1:18.15 (41.98)	
7	George, Camilla	30	Cally Masters Islington	1:18.00	1:18.78	
	36.15				1:18.78 (42.63)	
8	Senecal, Michelle	34	Otter	1:16.00	1:18.82	
	37.73				1:18.82 (41.09)	
9	Verdugo, Montserrat	31	West London Penguin S&Wp	C1:17.30	1:18.92	
	36.98				1:18.92 (41.94)	
10	Mullan, Lucy	31	Camden Swiss Cottage SC	1:25.00	1:21.46	
	37.78				1:21.46 (43.68)	
11	Jaeggi, Christine	30	Cally Masters Islington	1:21.34	1:23.02	
	37.69				1:23.02 (45.33)	
12	Adam, Rebecca	30	Cally Masters Islington	1:25.00	1:23.54	
	39.03				1:23.54 (44.51)	
13	Smyth, Charlotte	34	Cally Masters Islington	1:40.00	1:23.95	
	39.49				1:23.95 (44.46)	
14	Lawrey, Nari	34	Camden Swiss Cottage SC	1:30.00	1:24.28	
	40.31				1:24.28 (43.97)	
15	West, Zoe	34	Camden Swiss Cottage SC	1:39.00	1:30.54	
	43.11				1:30.54 (47.43)	

--- Bigman, Fran 31 Cally Masters Islington 2:00.00 DQ
 4.4 Start before starting signal - misc
 54.96 DQ (56.61)

Event 10 Women 35-39 100 SC Meter IM

1 Kline, Nadine 37 West London Penguin S&Wp C1:44.33 1:32.94 6
 41.63 1:32.94 (51.31)

Event 10 Women 40-44 100 SC Meter IM

1 Cordial, Lesley 44 Ruislip and Northwood Swimming 1:15.00 1:16.31 6
 36.40 1:16.31 (39.91)

2 O'Dea, Karen 42 Ruislip and Northwood Swimming 1:17.50 1:18.63 5
 37.44 1:18.63 (41.19)

Event 10 Women 45-49 100 SC Meter IM

1 Green, Sue 48 Ruislip and Northwood Swimming 1:28.38 1:25.67 6
 40.14 1:25.67 (45.53)

2 Zuccolini, Julie 47 Edmonton Phoenix 1:31.69 1:29.22 5
 39.18 1:29.22 (50.04)

3 Rolf, Maree 47 Cally Masters Islington 1:15.00 1:30.41 4
 42.33 1:30.41 (48.08)

4 Wright, Francesca 49 Otter 1:45.00 1:39.93 3
 48.20 1:39.93 (51.73)

5 Challands, Jo 49 Cally Masters Islington 1:40.00 1:42.37 2
 49.33 1:42.37 (53.04)

6 Thomas, Christine 47 Ruislip and Northwood Swimming 1:50.38 1:52.13 1
 59.05 1:52.13 (53.08)

7 Inagaki, Noriko 49 Cally Masters Islington 1:57.03 1:53.62
 54.65 1:53.62 (58.97)

Event 10 Women 50-54 100 SC Meter IM

1 Johnson, Hilary 53 Camden Swiss Cottage SC 1:28.18 1:27.22 6
 42.27 1:27.22 (44.95)

2 Perry, Sara 54 Cally Masters Islington 1:30.00 1:29.72 5
 45.34 1:29.72 (44.38)

3 Cook, Lesley 53 Otter 1:33.16 1:34.29 4
 44.68 1:34.29 (49.61)

4 Hetreed, Olivia 50 Cally Masters Islington 1:50.00 1:40.02 3
 49.06 1:40.02 (50.96)

Event 10 Women 55-59 100 SC Meter IM

1 Bellas, Karen 59 Camden Swiss Cottage SC 1:38.00 1:31.10 6
 44.20 1:31.10 (46.90)

2 Green, Susan 55 Camden Swiss Cottage SC 1:51.10 1:56.37 5

MCASA Masters 2011
55.911:56.37 (1:00.46)

05 June 2011

Results

Event 10 Women 60-64 100 SC Meter IM

1	Stern, Marion	63	Cally Masters Islington	2:00.00	2:18.29	6
				1:04.902:18.29 (1:13.39)		
2	Cinnamon, Catherine	61	Cally Masters Islington	2:22.00	2:22.57	5
				1:12.042:22.57 (1:10.53)		

Event 10 Women 65-69 100 SC Meter IM

1	Hamilton, Georgie	68	Barnet Copthall SC	1:45.00	1:50.62	6
				55.31 1:50.62 (55.31)		

Event 10 Women 70-74 100 SC Meter IM

1	Hoskyns, Katharine	74	Cally Masters Islington	2:10.00	2:19.91	6
				1:05.852:19.91 (1:14.06)		

Event 10 Men 18-24 100 SC Meter IM

1	Digby-Baker, Sam	19	Cally Masters Islington	1:10.00	1:07.10	6
				30.85 1:07.10 (36.25)		
2	Northover, Joe	21	Haringey Borough	1:06.14	1:07.23	5
				30.46 1:07.23 (36.77)		
3	Yardley, Rob	22	Cally Masters Islington	1:05.00	1:13.01	4
				32.49 1:13.01 (40.52)		
4	Ting, Tommy	22	Out to Swim	1:20.00	1:14.82	3
				36.47 1:14.82 (38.35)		

Event 10 Men 25-29 100 SC Meter IM

1	Shah, Amar	26	Otter	1:06.00	1:05.94	6
				31.37 1:05.94 (34.57)		
2	Voisey, Andrew	28	Out to Swim	1:09.97	1:06.75	5
				30.24 1:06.75 (36.51)		
3	Caldwell, Oliver	29	Otter	1:05.78	1:06.96	4
				31.05 1:06.96 (35.91)		
4	Yao, Shih-Ming	26	Out to Swim	1:20.00	1:10.50	3
				33.00 1:10.50 (37.50)		
5	Thomas, Ben	29	Otter	1:10.00	1:10.74	2
				32.49 1:10.74 (38.25)		
6	Tufarelli, Tommaso	27	Otter	1:10.00	1:10.76	1
				34.09 1:10.76 (36.67)		
7	Talbott, John	29	Otter	1:10.00	1:11.33	
				34.14 1:11.33 (37.19)		
8	Prinsloo, Hendrick	29	Otter	1:30.00	1:13.20	
				34.08 1:13.20 (39.12)		

MCASA Masters 2011		05 June 2011		Results		
Event 10 Men 30-34 100 SC Meter IM						
1	Roberts, David	30	Otter	1:05.00	1:03.19	6
	30.80	1:03.19 (32.39)				
2	Guy, Michael	30	Out to Swim	1:14.00	1:14.07	5
	33.12	1:14.07 (40.95)				
3	Seyde, Paul	33	Out to Swim	1:13.00	1:14.63	4
	34.34	1:14.63 (40.29)				
4	Grainge, Mark	33	Out to Swim	1:25.00	1:16.71	3
	36.29	1:16.71 (40.42)				
5	Weatherhead, Richard	30	Barnet Copthall SC	1:20.00	1:19.10	2
	36.79	1:19.10 (42.31)				
6	Carse, Michael	32	Barnet Copthall SC	1:20.00	1:19.92	1
	39.70	1:19.92 (40.22)				
7	Freer, Adam	34	Barnet Copthall SC	1:17.17	1:23.13	
	42.07	1:23.13 (41.06)				
8	Ranaraja, Dominic Asanka	33	Ealing	1:32.00	1:33.06	
	45.13	1:33.06 (47.93)				
---	Hull, Anthony	30	Out to Swim	1:40.00	DQ	
	6.5	Not on the back at finish - back				
	38.71	DQ (43.63)				
Event 10 Men 35-39 100 SC Meter IM						
1	Parrish, Jason	39	Otter	1:13.00	1:11.36	6
	34.78	1:11.36 (36.58)				
2	Yoneda, Hajime	35	Cally Masters Islington	1:13.00	1:13.19	5
	33.65	1:13.19 (39.54)				
3	Flynn, Dermot	35	Out to Swim	1:20.00	1:17.64	4
	36.70	1:17.64 (40.94)				
4	Carniato, Nicola	35	Camden Swiss Cottage SC	1:18.75	1:19.53	3
	36.96	1:19.53 (42.57)				
---	Lowans, Colin	39	Ealing	1:32.00	DQ	
	6.5	Not on the back at finish - back				
	55.60	DQ (58.68)				
Event 10 Men 40-44 100 SC Meter IM						
1	Warren, Dave	40	Otter	1:01.07	<u>1:01.38 BRITISH RECORD</u>	
	29.00	1:01.38 (32.38)				
2	Weidling, Peter	44	Camden Swiss Cottage SC	1:08.00	1:09.01	5
	32.05	1:09.01 (36.96)				
3	Albright, Philip	41	Camden Swiss Cottage SC	1:12.00	1:13.51	4
	35.76	1:13.51 (37.75)				

MCASA Masters 2011

05 June 2011

Results

4	Gallo, Marcus	43	Broomfield Park SC	1:17.13	1:13.93	3
	35.45	1:13.93	(38.48)			
5	Lumby, Dougal	41	Broomfield Park SC	1:14.50	1:15.52	2
	37.10	1:15.52	(38.42)			
6	Bradford, Martin	44	Out to Swim	1:20.00	1:16.37	1
	34.03	1:16.37	(42.34)			
7	Osher, Damon	42	Barnet Copthall SC	1:37.50	1:18.30	
	38.43	1:18.30	(39.87)			
8	Ratcliffe, Jonathan	40	Clissold SC	1:20.00	1:21.75	
	37.72	1:21.75	(44.03)			
9	Jackman, Duncan	43	Broomfield Park SC	1:37.00	1:37.30	
	43.49	1:37.30	(53.81)			
Event 10 Men 45-49 100 SC Meter IM						
1	Vela, Stan	49	Ruislip and Northwood Swimming	1:08.50	1:09.45	6
	31.63	1:09.45	(37.82)			
2	Isherwood, Robert	45	Otter	1:16.00	1:15.24	5
	36.40	1:15.24	(38.84)			
3	Pritchard, Ian	47	Ealing	1:24.20	1:26.81	4
	42.30	1:26.81	(44.51)			
4	Pachenari, Baron	45	Camden Swiss Cottage SC	1:28.29	1:31.25	3
	43.57	1:31.25	(47.68)			
5	Strahan, David	49	Camden Swiss Cottage SC	1:38.47	1:40.04	2
	46.09	1:40.04	(53.95)			
---	Benfield, Ewan	45	Cally Masters Islington	2:00.00	DQ	
	9.3	Finish of each stroke not in accordance with rules for the particular stroke - IM				
	52.20	DQ	(56.45)			
Event 10 Men 50-54 100 SC Meter IM						
1	Forrest, David	50	Out to Swim	1:10.00	1:14.13	6
	34.29	1:14.13	(39.84)			
2	Holme, Philip	52	Barnet Copthall SC	1:21.75	1:22.14	5
	39.86	1:22.14	(42.28)			
3	Hirst, Wayne	51	Ruislip and Northwood Swimming	1:20.38	1:22.28	4
	39.90	1:22.28	(42.38)			
4	Braithwaite, Mark	51	Ruislip and Northwood Swimming	1:33.00	1:33.39	3
	45.82	1:33.39	(47.57)			
Event 10 Men 55-59 100 SC Meter IM						
1	Kaethner, Chris	56	Clissold SC	1:19.00	1:19.79	6
	38.02	1:19.79	(41.77)			

Event 10 Men 60-64 100 SC Meter IM

1	Mc Lean, Duncan	62 Cally Masters Islington	1:58.00	1:53.85	6
	56.41	1:53.85 (57.44)			

Event 10 Men 65-69 100 SC Meter IM

1	Parr, Derek	67 Broomfield Park SC	1:30.00	1:30.04	6
	42.93	1:30.04 (47.11)			

Event 10 Men 70-74 100 SC Meter IM

1	Dean, Clive	74 Enfield SC	1:35.00	1:37.78	6
	50.61	1:37.78 (47.17)			

2	O'Dea, Joe	71 Ruislip and Northwood Swimming	1:48.50	1:49.48	5
	54.03	1:49.48 (55.45)			

Event 10 Men 75-79 100 SC Meter IM

---	Goddard, Michael	75 Ruislip and Northwood Swimming	2:27.00	DQ	
	10.5 Pulled on the lane ropes - misc				
	1:30.48	DQ (1:19.20)			

Event 10 Men 80-84 100 SC Meter IM

1	Curr, Robert	82 Serpentine SC	2:44.00	2:50.22	6
		1:27.562:50.22 (1:22.66)			

Event 11 Women 25-29 50 SC Meter Backstroke

1	Kerr, Katie	28 Otter	33.50	33.63	6
2	Fenton, Anna	29 Camden Swiss Cottage SC	33.20	33.85	5
3	Evans, Melanie	26 Barnet Copthall SC	34.00	34.29	4
4	Rogers, Vicky	27 Barnet Copthall SC	36.78	35.50	3
5	Brown, Hannah	27 Otter	35.90	35.63	2
6	Croft, Hannah	27 Ruislip and Northwood Swimming	37.90	36.32	1
7	Martin, Sarah	28 Teddington SC	42.00	38.81	
8	Rodgers, Susie	28 Otter	45.00	41.69 BRITISH RECORD (S7)	

Event 11 Women 30-34 50 SC Meter Backstroke

1	Hobson, Gina	34 Otter	33.50	33.08	6
2	Dobson, Catherine	30 Otter	33.07	34.00	5
3	Yamawaki, Sachika	30 Barnet Copthall SC	34.00	34.79	4
4	Bellinger, Elizabeth	33 Out to Swim	36.50	35.63	3
5	Davis, Alex	30 Out to Swim	36.80	36.04	2
6	George, Camilla	30 Cally Masters Islington	36.70	36.40	1
7	Senecal, Michelle	34 Otter	36.00	36.84	
8	Jaeggi, Christine	30 Cally Masters Islington	37.75	38.92	
9	Mullan, Lucy	31 Camden Swiss Cottage SC	39.50	39.09	
10	Adam, Rebecca	30 Cally Masters Islington	40.00	39.58	
11	Lawrey, Nari	34 Camden Swiss Cottage SC	50.00	41.18	
12	Bigman, Fran	31 Cally Masters Islington	1:00.00	57.70	

Event 11 Women 35-39 50 SC Meter Backstroke

1	MacLean, Susan	36 Camden Swiss Cottage SC	36.00	35.49	6
2	Kawaguchi, Kunito	36 Ealing	38.00	39.86	5

Event 11 Women 40-44 50 SC Meter Backstroke

1	Cordial, Lesley	44 Ruislip and Northwood Swimming	34.00	34.83	6
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MCASA Masters 2011		05 June 2011		Results		
2	Haidar, Nadia	40	Edmonton Phoenix	37.00	37.60	5
3	Kain, Tracey	41	Ealing	47.00	45.24	4
Event 11 Women 45-49 50 SC Meter Backstroke						
1	Zuccolini, Julie	47	Edmonton Phoenix	42.67	41.84	6
2	Mc Carthy, Vicki	48	Edmonton Phoenix	40.00	41.87	5
3	Green, Sue	48	Ruislip and Northwood Swimming	42.14	42.19	4
4	Challands, Jo	49	Cally Masters Islington	45.80	46.98	3
5	Wright, Francesca	49	Otter	55.00	49.55	2
6	Inagaki, Noriko	49	Cally Masters Islington	56.58	55.73	1
Event 11 Women 50-54 50 SC Meter Backstroke						
1	Thomas, Susan	51	Edmonton Phoenix	46.92	46.59	6
2	Perry, Sara	54	Cally Masters Islington	45.00	46.99	5
3	Butterworth, Karen	53	Ruislip and Northwood Swimming	49.34	48.93	4
Event 11 Women 55-59 50 SC Meter Backstroke						
1	Bellas, Karen	59	Camden Swiss Cottage SC	47.00	47.22	6
2	Green, Susan	55	Camden Swiss Cottage SC	57.46	58.00	5
Event 11 Women 60-64 50 SC Meter Backstroke						
1	Stern, Marion	63	Cally Masters Islington	1:00.00	1:03.12	6
2	Cinnamon, Catherine	61	Cally Masters Islington	1:09.00	1:06.96	5
Event 11 Women 65-69 50 SC Meter Backstroke						
1	Hamilton, Georgie	68	Barnet Copthall SC	51.00	53.66	6
Event 11 Women 70-74 50 SC Meter Backstroke						
1	Hoskyns, Katharine	74	Cally Masters Islington	1:10.00	1:06.54	6
Event 11 Women 75-79 50 SC Meter Backstroke						
1	Braimbridge, Elizabeth	78	Camden Swiss Cottage SC	1:27.50	1:06.84	6
Event 11 Women 80-84 50 SC Meter Backstroke						
1	Halter, Susan	84	Camden Swiss Cottage SC	1:07.00	1:09.60	6
Event 11 Men 18-24 50 SC Meter Backstroke						
1	Northover, Joe	21	Haringey Borough	28.28	29.68	6
2	Yardley, Rob	22	Cally Masters Islington	30.00	32.39	5
Event 11 Men 25-29 50 SC Meter Backstroke						
1	Thomas, Ben	29	Otter	29.50	31.00	6
2	Boyce, Alex	28	Camden Swiss Cottage SC	31.46	32.37	5
3	Prinsloo, Hendrick	29	Otter	35.00	33.05	4
4	Talbott, John	29	Otter	32.00	33.24	3
5	Dervish, Dervish Ali	25	Edmonton Phoenix	41.74	42.38	2
Event 11 Men 30-34 50 SC Meter Backstroke						
1	Corallo, Claudio	30	Camden Swiss Cottage SC	30.36	30.68	6
2	Twyman, Joe	34	Barnet Copthall SC	30.99	30.81	5
3	Guy, Michael	30	Out to Swim	34.00	33.69	4
4	Seyde, Paul	33	Out to Swim	36.50	35.24	3
5	Louw, Andrew	32	Otter	35.00	35.55	2
6	Weatherhead, Richard	30	Barnet Copthall SC	35.00	36.87	1
7	Ranaraja, Dominic Asanka	33	Ealing	43.00	43.70	

8	Mead, Richard	34	Ruislip and Northwood Swimming	45.00	44.29	
Event 11 Men 35-39 50 SC Meter Backstroke						
1	Saulter, Tim	36	Ruislip and Northwood Swimming	34.00	33.48	6
2	Williams, Rhys	38	Out to Swim	34.00	34.85	5
3	Parrish, Jason	39	Otter	35.00	38.24	4
4	Flynn, Dermot	35	Out to Swim	40.00	39.80	3
5	Lowans, Colin	39	Ealing	48.00	55.74	2
Event 11 Men 40-44 50 SC Meter Backstroke						
1	Warren, Dave	40	Otter	28.70	29.53	6
2	Bradford, Martin	44	Out to Swim	35.00	34.41	5
3	Ratcliffe, Jonathan	40	Clissold SC	38.00	39.93	4
4	Reynolds, Glenn	42	Out to Swim	40.00	40.78	3
5	Silverman, Jonathan	44	Cally Masters Islington	1:05.00	56.89	2
Event 11 Men 45-49 50 SC Meter Backstroke						
1	Vela, Stan	49	Ruislip and Northwood Swimming	30.00	30.56	6
2	Isherwood, Robert	45	Otter	38.50	37.28	5
3	Pachenari, Baron	45	Camden Swiss Cottage SC	38.91	44.92	4
4	Strahan, David	49	Camden Swiss Cottage SC	1:00.22	51.99	3
Event 11 Men 50-54 50 SC Meter Backstroke						
1	Hirst, Wayne	51	Ruislip and Northwood Swimming	41.73	42.91	6
2	Braithwaite, Mark	51	Ruislip and Northwood Swimming	50.00	48.45	5
Event 11 Men 55-59 50 SC Meter Backstroke						
1	Fox, Martin	57	Ealing	41.00	40.40	6
2	Kiernan, Chris	57	Cally Masters Islington	50.00	42.22	5
Event 11 Men 60-64 50 SC Meter Backstroke						
1	Munro, Malcolm	64	Ealing	39.00	39.16	6
2	Bratt, Steve	61	Otter	43.00	42.75	5
3	Mc Lean, Duncan	62	Cally Masters Islington	55.00	53.66	4
Event 11 Men 65-69 50 SC Meter Backstroke						
1	Harper, Philip	66	Otter	40.00	39.15	6
2	Parr, Derek	67	Broomfield Park SC	45.00	45.32	5
3	Ray, Anthony	67	Otter	47.00	50.64	4
4	Wilson, Roy	65	Ruislip and Northwood Swimming	56.30	57.25	3
Event 11 Men 70-74 50 SC Meter Backstroke						
1	Dean, Clive	74	Enfield SC	48.00	49.21	6
2	Clarke, Raymond	74	Ruislip and Northwood Swimming	1:04.00	1:02.43	5
Event 11 Men 75-79 50 SC Meter Backstroke						
1	Goddard, Michael	75	Ruislip and Northwood Swimming	55.00	59.09	6
Event 12 Women 18-24 50 SC Meter Freestyle						
1	Hannon, Felicity	22	Otter	33.03	33.96	6
Event 12 Women 25-29 50 SC Meter Freestyle						
1	Bacher-Fuentes, Laura	28	Otter	29.00	29.78	6
2	Fenton, Anna	29	Camden Swiss Cottage SC	29.20	29.93	5
3	Evans, Melanie	26	Barnet Copthall SC	29.70	30.17	4

	MCASA Masters 2011	05 June 2011	Results		
4	Croft, Hannah	27 Ruislip and Northwood Swimming	32.90	30.47	3
5	Maingot, Melanie	28 Cally Masters Islington	30.80	31.29	2
6	Brown, Hannah	27 Otter	32.90	31.54	1
7	Rogers, Vicky	27 Barnet Copthall SC	31.43	31.63	
8	Jones, Anne	29 Otter	33.00	32.69	
9	Sapsford, Julie	27 Camden Swiss Cottage SC	33.15	33.25	
10	Rodgers, Susie	28 Otter	36.00	35.65 BRITISH RECORD (S7)	

Event 12 Women 30-34 50 SC Meter Freestyle

1	Hobson, Gina	34 Otter	28.90	28.88	6
2	Yamawaki, Sachika	30 Barnet Copthall SC	29.00	29.42	5
3	Bellinger, Elizabeth	33 Out to Swim	30.00	29.46	4
4	Verdugo, Montserrat	31 West London Penguin S&Wp	C30.22	30.59	3
5	Mc Kenna, Annie	31 Cally Masters Islington	30.00	31.02	2
6	Davis, Alex	30 Out to Swim	29.90	31.04	1
7	Dobson, Catherine	30 Otter	30.09	31.08	
8	Adam, Rebecca	30 Cally Masters Islington	35.00	32.48	
9	Mullan, Lucy	31 Camden Swiss Cottage SC	33.00	33.46	
10	Lawrey, Nari	34 Camden Swiss Cottage SC	34.00	34.20	
11	West, Zoe	34 Camden Swiss Cottage SC	40.57	35.35	
12	Bigman, Fran	31 Cally Masters Islington	46.00	44.26	

Event 12 Women 35-39 50 SC Meter Freestyle

1	MacLean, Susan	36 Camden Swiss Cottage SC	31.00	31.12	6
2	Kawaguchi, Kunito	36 Ealing	31.00	31.58	5
3	Kline, Nadine	37 West London Penguin S&Wp	C34.00	33.79	4
4	Spears, Melissa	38 Barnet Copthall SC	34.70	35.56	3

Event 12 Women 40-44 50 SC Meter Freestyle

1	Cordial, Lesley	44 Ruislip and Northwood Swimming	29.00	29.82	6
2	O'Dea, Karen	42 Ruislip and Northwood Swimming	30.00	31.24	5
3	Nissim, Dalia	41 Barnet Copthall SC	30.60	31.69	4
4	Kain, Tracey	41 Ealing	36.00	35.58	3
5	Petrenko, Annette	42 Cally Masters Islington	50.00	47.27	2

Event 12 Women 45-49 50 SC Meter Freestyle

1	Green, Sue	48 Ruislip and Northwood Swimming	36.00	34.22	6
2	Zuccolini, Julie	47 Edmonton Phoenix	34.78	35.17	5
3	O'Brien, Jayne	49 Out to Swim	37.00	36.61	4
4	Wright, Helen	48 Cally Masters Islington	42.00	38.42	3
5	Thomas, Christine	47 Ruislip and Northwood Swimming	39.94	39.83	2
6	McCarthy, Vicki	48 Edmonton Phoenix	37.00	40.24	1
7	Wright, Francesca	49 Otter	40.00	41.39	
8	Inagaki, Noriko	49 Cally Masters Islington	45.74	44.16	

Event 12 Women 50-54 50 SC Meter Freestyle

*1	Perry, Sara	54 Cally Masters Islington	36.00	35.32	5. 50
*1	Thomas, Susan	51 Edmonton Phoenix	34.99	35.32	5. 50
3	Hetreed, Olivia	50 Cally Masters Islington	38.00	38.12	4
4	Butterworth, Karen	53 Ruislip and Northwood Swimming	43.06	41.93	3
5	Wright, Sharon	51 Otter	50.00	58.57	2

Event 12 Women 55-59 50 SC Meter Freestyle

1	Bellas, Karen	59 Camden Swiss Cottage SC	39.00	36.05	6
2	Green, Susan	55 Camden Swiss Cottage SC	44.12	46.43	5

Event 12 Women 60-64 50 SC Meter Freestyle

1	Stern, Marion	63	Cally Masters Islington	50.00	54.75	6
---	Cinnamon, Catherine	61	Cally Masters Islington	1:02.00	DQ	
	4.4 Start before starting signal					

Event 12 Women 65-69 50 SC Meter Freestyle

1	Hamilton, Georgie	68	Barnet Copthall SC	43.00	45.36	6
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Event 12 Women 70-74 50 SC Meter Freestyle

1	Mullen, Michael Ann	72	Cally Masters Islington	50.00	58.94	6
2	Hoskyns, Katharine	74	Cally Masters Islington	1:05.00	1:00.07	5

Event 12 Women 75-79 50 SC Meter Freestyle

1	Braimbridge, Elizabeth	78	Camden Swiss Cottage SC	1:08.00	1:00.63	6
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Event 12 Women 80-84 50 SC Meter Freestyle

1	Halter, Susan	84	Camden Swiss Cottage SC	1:05.00	1:06.18	6
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Event 12 Men 18-24 50 SC Meter Freestyle

1	Northover, Joe	21	Haringey Borough	25.08	26.28	6
2	Digby-Baker, Sam	19	Cally Masters Islington	28.00	27.90	5
3	Yardley, Rob	22	Cally Masters Islington	28.00	28.36	4
4	Ting, Tommy	22	Out to Swim	30.00	28.74	3
5	Holden, Matthew	22	Edmonton Phoenix	32.00	31.77	2
---	Marin, Igor	22	Otter	32.00	DQ	
	4.4 Start before starting signal					

Event 12 Men 25-29 50 SC Meter Freestyle

1	Caldwell, Oliver	29	Otter	25.33	26.36	6
2	Shah, Amar	26	Otter	26.00	26.73	5
3	Yao, Shih-Ming	26	Out to Swim	28.00	27.03	4
4	Prinsloo, Hendrick	29	Otter	29.00	27.41	3
5	Chopra, Mark	28	Otter	26.90	27.58	2
6	Thomas, Ben	29	Otter	27.00	28.12	1
7	Tufarelli, Tommaso	27	Otter	27.50	28.48	
8	Talbott, John	29	Otter	28.00	28.49	
9	Moulson, Daniel	27	Otter	35.00	34.17	
10	Dervish, Dervish Ali	25	Edmonton Phoenix	44.08	34.86	

Event 12 Men 30-34 50 SC Meter Freestyle

1	Roberts, David	30	Otter	25.25	25.53	6
2	Bond, Ian	31	Otter	27.50	26.25	5
3	Twyman, Joe	34	Barnet Copthall SC	26.49	26.70	4
4	Corallo, Claudio	30	Camden Swiss Cottage SC	26.94	27.45	3
5	Louw, Andrew	32	Otter	28.00	27.48	2
6	Guy, Michael	30	Out to Swim	27.15	28.08	1
7	Seyde, Paul	33	Out to Swim	29.30	29.31	
8	Freer, Adam	34	Barnet Copthall SC	28.36	29.39	
9	Weatherhead, Richard	30	Barnet Copthall SC	30.00	30.06	
10	Carse, Michael	32	Barnet Copthall SC	30.00	30.43	
11	Hull, Anthony	30	Out to Swim	31.00	30.45	
12	Mead, Richard	34	Ruislip and Northwood Swimming	34.00	34.21	
13	Ranaraja, Dominic Asanka	33	Ealing	33.50	36.04	

Event 12 Men 35-39 50 SC Meter Freestyle

1	Bransby, Craig	37	Borough of Enfield Water Polo	25.50	26.19	6
2	Hopton, Chris	36	Camden Swiss Cottage SC	28.00	26.38	5
3	Parrish, Jason	39	Otter	28.00	27.72	4
4	Yoneda, Hajime	35	Cally Masters Islington	27.00	28.04	3
5	Saulter, Tim	36	Ruislip and Northwood Swimming	29.00	28.56	2
6	Freelove, Alex	37	Otter	28.00	28.64	1
7	Williams, Rhys	38	Out to Swim	28.00	29.25	
8	Carniato, Nicola	35	Camden Swiss Cottage SC	28.90	29.78	
9	Bell, Alistair	35	Out to Swim	35.00	31.15	
10	Fortunato, Fabrizio	36	Camden Swiss Cottage SC	30.00	31.36	
11	Ely, Alex	39	Cally Masters Islington	40.00	31.79	
12	Flynn, Dermot	35	Out to Swim	33.00	31.82	
13	Perissinotto, Avise	35	Camden Swiss Cottage SC	40.00	35.24	
14	Lowans, Colin	39	Ealing	41.00	38.20	

Event 12 Men 40-44 50 SC Meter Freestyle

1	Warren, Dave	40	Otter	24.41	25.67	6
2	Griffiths, Simon	42	Ealing	28.75	28.91	5
3	Bradford, Martin	44	Out to Swim	29.00	29.13	4
4	Gallo, Marcus	43	Broomfield Park SC	29.00	30.15	3
5	Ratcliffe, Jonathan	40	Clissold SC	31.00	30.42	2
6	Lumby, Dougal	41	Broomfield Park SC	28.80	30.83	1
7	Osher, Damon	42	Barnet Copthall SC	34.70	31.19	
8	Reynolds, Glenn	42	Out to Swim	34.00	33.19	
9	Prinsen, Eirk	43	Ruislip and Northwood Swimming	33.50	34.76	
10	Jackman, Duncan	43	Broomfield Park SC	34.00	35.46	
11	Silverman, Jonathan	44	Cally Masters Islington	52.00	42.21	

Event 12 Men 45-49 50 SC Meter Freestyle

1	Vela, Stan	49	Ruislip and Northwood Swimming	26.90	27.19	6
2	Pears, Tevor	47	Camden Swiss Cottage SC	31.00	29.41	5
3	Isherwood, Robert	45	Otter	30.00	30.17	4
4	Taylor, Kristian	45	Teddington SC	34.90	31.87	3
5	Pritchard, Ian	47	Ealing	32.09	32.81	2
6	Pachenari, Baron	45	Camden Swiss Cottage SC	34.39	35.57	1
7	Benfield, Ewan	45	Cally Masters Islington	46.00	42.50	

Event 12 Men 50-54 50 SC Meter Freestyle

1	Forrest, David	50	Out to Swim	28.50	29.33	6
2	Hirst, Wayne	51	Ruislip and Northwood Swimming	31.58	31.54	5
3	Holme, Philip	52	Barnet Copthall SC	32.53	32.70	4
4	Braithwaite, Mark	51	Ruislip and Northwood Swimming	36.00	36.45	3

Event 12 Men 55-59 50 SC Meter Freestyle

1	Folsom, Steve	58	Teddington SC	29.07	30.11	6
2	Kaethner, Chris	56	Clissold SC	30.00	31.69	5
3	Kiernan, Chris	57	Cally Masters Islington	37.00	34.18	4
4	Fox, Martin	57	Ealing	35.00	35.17	3
5	Searle, John	55	Ealing	42.00	44.56	2

Event 12 Men 60-64 50 SC Meter Freestyle

1	Munro, Malcolm	64	Ealing	34.00	33.52	6
2	Mc Lean, Duncan	62	Cally Masters Islington	41.00	39.75	5
---	Bratt, Steve	61	Otter	34.00	DQ	

Event 12 Men 65-69 50 SC Meter Freestyle

1	Harper, Philip	66 Otter	31.00	30.82	6
2	Parr, Derek	67 Broomfield Park SC	35.00	34.64	5
3	Ray, Anthony	67 Otter	37.00	37.70	4
4	Thomas, Michael	65 Barnet Copthall SC	39.00	40.70	3
5	Wilson, Roy	65 Ruislip and Northwood Swimming	45.00	42.29	2
6	Dana, Michael	66 Cally Masters Islington	50.00	52.53	1

Event 12 Men 70-74 50 SC Meter Freestyle

1	Dean, Clive	74 Enfield SC	38.00	38.47	6
2	Clarke, Raymond	74 Ruislip and Northwood Swimming	44.00	44.45	5
3	O'Dea, Joe	71 Ruislip and Northwood Swimming	43.00	44.56	4

Event 12 Men 75-79 50 SC Meter Freestyle

1	Goddard, Michael	75 Ruislip and Northwood Swimming	45.00	47.04	6
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Event 12 Men 80-84 50 SC Meter Freestyle

1	Curr, Robert	82 Serpentine SC	59.00	57.22	6
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Women - Team Scores

Place	Team		Points
1	Cally Masters Islington	CMIL	287.50
2	Camden Swiss Cottage SC	CSCL	263
3	Otter	OTTL	223
4	Barnet Copthall SC	BANL	142
5	Ruislip and Northwood Swimming	RUIL	134
6	Edmonton Phoenix	EDML	69.50
7	Out to Swim	OUTL	49
8	Ealing	EALL	25
9	West London Penguin S&Wp C	HAPL	19
Total			1,212.00

Men - Team Scores

Place	Team		Points
1	Otter	OTTL	396
2	Ruislip and Northwood Swimming	RUIL	194
3	Out to Swim	OUTL	180
4	Camden Swiss Cottage SC	CSCL	171
5	Cally Masters Islington	CMIL	137
6	Barnet Copthall SC	BANL	106
7	Ealing	EALL	79
8	Broomfield Park SC	BROL	71
9	Teddington SC	TEDL	43
10	Enfield SC	ENFL	35
11	Haringey Borough	HARL	29
12	Clissold SC	CLIL	27
13	Serpentine SC	SERL	18
14	Edmonton Phoenix	EDML	13
15	Borough of Enfield Water Polo	EWPL	6
Total			1,505.00

Combined Team Scores

Place	Team	Results	Points
1	Otter	OTTL	755
2	Cally Masters Islington	CMIL	486.50
3	Camden Swiss Cottage SC	CSCL	486
4	Ruislip and Northwood Swimming	RUIL	368
5	Barnet Copthall SC	BANL	326
6	Out to Swim	OUTL	263
7	Ealing	EALL	112
8	Edmonton Phoenix	EDML	86.50
9	Broomfield Park SC	BROL	71
10	Teddington SC	TEDL	43
11	Enfield SC	ENFL	35
12	Haringey Borough	HARL	29
13	Clissold SC	CLIL	27
14	West London Penguin S&Wp C	HAPL	19
15	Serpentine SC	SERL	18
16	Borough of Enfield Water Polo	EWPL	6
Total			3,131.00

Many Congratulations our "Top Teams"

Otter and Cally Masters Islington

(two years running!)

To all competitors. We hope you enjoyed the competition and will feel encouraged to compete again

Remember to keep free 13th November 2011

For the Masters Inter-County Competition

We need to retain the Tony Warne Trophy

A special thank you to all our County technical officials, helpers and supporters for making the competition a success. Without your help we wouldn't be able to run the event. Thank you for your time and support. You are always very much appreciated by the swimmers (and especially me!)

**Ian Woollard
MCASA Masters**